

Dear Sand Lake Families,

Health screenings at school will begin soon with photo-screening vision screens scheduled for October 14th. There is potential to use the Lion's Club photo-screening trailer to aid in COVID safety procedures this day. This means that students will be escorted by ASD staff to the parking area for their photo-screen and then return inside the building once this is completed. If you are interested in more information about health screenings at school, please feel free to contact me or refer to this link. <https://www.asdk12.org/Page/7941>



ASD face Covering Policy

Please be aware that it is not the school's responsibility to provide your child with a fresh mask daily. Please review the flyer for the face covering dos and don'ts.

ASD Symptom Free Policy

Because the community situation with COVID-19 is still ongoing, ASD maintains the policy that anyone who has or develops symptoms of illness cannot be in school until they follow one of three steps/options. A brief description of the return procedures in the case of illness symptoms is below, but please review the attachment for more details. **It does not matter if symptoms are mild or if there is only one symptom as this can, and frequently does, occur in cases of COVID-19.** The common cold is prevalent as always, but unfortunately, these symptoms can match those of COVID-19 and vice versa.

For any staff or student who develops symptoms there are three options to choose from prior to return to school.

1. **Receive a negative molecular-based test, symptoms improving (going away) and fever free the last 24 hours before return**
2. **Obtain a doctor note that states that the symptoms are not COVID related ([Chronic Condition/Symptom Release Form](#)) and symptoms improving and fever free the last 24 hours before return.**
3. **Isolate for 10-days from the start of symptoms. Please note the first day of any symptom is counted as day 0 of isolation followed by 1-10 and then return to normal if improved on day 11. Testing is not required for this option.**

If you are not sure what kind of symptoms apply; **any one or more signs of illness indicate need for further consideration.** I am happy to help if you feel unsure of how to proceed. Below is a list of potential symptoms.

fever chills--new trouble breathing, or shortness of breath-- new cough-- diarrhea-- abdominal pain-- vomiting-- fatigue --joint pain muscle aches or body aches-- new rash --loss of taste or smell-- sore throat --headache --new congestion-- new runny nose

If you choose to have your child tested, Changepoint is the closest to Sand Lake Elementary. Another close option is a Beacon site at Abbott Loop Elementary. These are not the only options, but both are free and complete the required molecular-based test (PCR). Results or doctor's notes must be provided to the school nurse (me) prior to a student's return.

If your child tests positive, please plan to speak with me so I can review the isolation steps with you. Please be familiar with the ASD website COVID link as updates will be posted there as policies change.
<https://www.asdk12.org/page/1>

Please contact me if you have questions.

Thank you all for your vigilance in keeping our Sand Lake community safe and our school open.

Nurse Laura
Laura Aimonetti, BSN, RN
Sand Lake Elementary School Nurse
aimonetti_laura@asdk12.org
phone: 742-9261
fax: 243-6025



