

Dear Sand Lake Families,

Because the community situation with COVID-19 is still ongoing, ASD maintains the policy that anyone who has or develops symptoms of illness should not be in school until they follow one of three steps/options. Students who are close contacts also cannot come to school. A brief description of the return procedures in the case of illness symptoms is below, but please review the attachment for full details. It does not matter if symptoms are mild or if there is only one symptom as this can, and frequently does, occur in cases of COVID-19.

For any staff or student who develops symptoms

You have 3 options (you only need to do one of these options):

1. Receive a lab-confirmed, molecular-based negative test, symptoms improving and fever free the last 24 hours before return
2. Obtain a doctor note that states that the symptoms are not COVID related ([Chronic Condition/Symptom Release Form](#)) and symptoms improving and fever free the last 24 hours before return.
3. Isolate for 10-days from the start of symptoms (can return to school/work on Day 11)-re-testing not required after the 10 days if symptoms are resolving.

If you are not sure what kind of symptoms apply; any sign of illness is reason for further consideration. I am happy to help if you feel unsure of how to proceed.

If you choose to have your child tested, Changepoint is the closest to Sand Lake Elementary. Another close option is a Beacon site at Abbott Loop Elementary. Both options are free and complete the required PCR test. Results or doctor's notes must be provided to the school nurse (me) prior to a student's return.

Please let me know if you have questions.

Thank you all for your vigilance in keeping our Sand Lake community safe and our school open.

*Nurse Laura*

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