



Anchorage School District School Start Time Survey

Introduction

The Anchorage School District (ASD) is reviewing school start times and considering whether changes would benefit students, staff and the community. Please take a few minutes to complete the survey.

1. To what extent do you agree or disagree with each of the following statements?

Strongly disagree Somewhat disagree Neither agree nor disagree Somewhat agree Strongly agree

Middle and high school students should start later and earlier elementary school start times are not harmful.

Cold, dark winters with snowy, icy roads experienced here reduce any potential benefits of changing school start times researchers have documented elsewhere.

In the wake of the Pandemic, now is the right time to consider changing school start times in ASD.

Additional funds should be spent to pay for drivers and buses to improve school start times.



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2. Let us know your level of support or lack of support for each of the following possible changes to school start times.

Least likely to support Somewhat likely to support Most likely to support

Earlier start times
than currently in use
for **elementary**
students

Later start times
than currently in use
for **middle** school
students

Later start times
than currently in use
for **high** school
students

3. Given circumstances in Anchorage, do you think **earlier** start times would be beneficial, neutral or harmful for **elementary** students?

Very beneficial

Somewhat harmful

Somewhat beneficial

Very harmful

Neutral -- neither beneficial nor harmful



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4. Which factors related to possible school start time changes are of concern to you? (mark as many as apply)

- | | |
|---|---|
| <input type="checkbox"/> Elementary students walking in early morning darkness | <input type="checkbox"/> After school childcare scheduling for younger students |
| <input type="checkbox"/> High school students with after school jobs | <input type="checkbox"/> Older students who need to be available early in the afternoon to provide childcare for younger siblings |
| <input type="checkbox"/> Middle and High school students in sports and extracurricular activities | <input type="checkbox"/> Military parent schedules that allow quality time with younger children in the morning |
| <input type="checkbox"/> Changes in work schedules for teachers | <input type="checkbox"/> Minimizing changes in schedules in the wake of the Pandemic |

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- Other (please specify)



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About you...

These questions are about you and will help us summarize the responses for district leaders. No individual responses will be reported. All responses will be aggregated and summarized.

5. Are you parent?

Yes

No



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6. Which of the following best describes you? (Check all that apply.)

- I have a child/ren enrolled in a private or home school program outside ASD
- I have a child/ren currently enrolled in ASD in Pre-K through 5th grade
- I have a child/ren currently enrolled in ASD in 6th - 8th grade school
- I have a child/ren currently enrolled in ASD in 7th - 8th grade school
- I have a child/ren currently enrolled in 9th - 12th grade
- I have a child/ren that will be enrolled in ASD in the future
- I have an adult child/ren

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- Other (please specify)



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7. Are you an ASD employee?

Yes

No



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8. Which of the following best describes you? (mark as many as apply)

- I work mostly with Pre-K through 5th grade
- I work mostly in 6th - 8th grade school(s)
- I work mostly in 7th - 8th grade school(s)
- I work mostly in 9th - 12th grade

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- Other (please specify)

9. Are you a teacher?

- Yes
- No



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10. Are you an ASD student?

- Yes, I'm a high school student
- Yes, I'm a middle school student
- Yes, I'm an elementary school student
- No, I'm not an ASD student

11. Are you a medical professional?

- Yes
- No



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12. What is your role in medicine?

- Doctor
- Nurse
- Nurse Practitioner
- Physician's Assistant

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- Other (please specify)

13. What is your specialization?

- Family practice
- Pediatrics
- Sleep specialist
- Academics/University or College faculty

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- Other (please specify)



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Thank you for taking the time to complete the survey.

Click DONE to complete the survey.

If you have questions or concerns about how the results of this survey will be used, please contact the Dr. Janeen Demi-Smith, Research Analyst with Western Demographics, Inc. at westerndemographics2@gmail.com.