

## OBJECTIVE

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To assist parents in making decision whether their student should come to school. Prevent potential spread of COVID-19 illness at Rilke.

## CDC GUIDELINES

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Adapted from [cdc.gov/coronavirus](https://cdc.gov/coronavirus) *Daily Home Screening for Students*

## SYMPTOMS

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Please complete this short check each morning before your child leaves for school. If your child has any of the following symptoms, please keep your student home and do not send to school.

- **Temperature of 100 or greater**
- **Sore throat, runny or stuffy nose**
- **New uncontrolled cough, shortness of breath**
- **Diarrhea, vomiting, nausea or abdominal pain**
- **Headache, chills, muscle pain**
- **Loss of taste or smell**
- **New undiagnosed or untreated rash or skin condition**
- **Child is taking first 24 hrs of antibiotic treatment**

## CLOSE CONTACT/ POTENTIAL EXPOSURE

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**CLOSE CONTACT:** *Has your child been (within 6 ft for at least 15 min) of a person with confirmed COVID-19, in the past 14 days?*  
**Yes- stay home**

**TRAVEL:** *Has your child had recent travel to area with high COVID-19 cases, or out of Alaska, within the past 14 days. **Yes- stay home***

**Keep Rilke Symptom Free!**