



HOW DO I SIGN UP FOR SPORTS & ACTIVITIES? - 11/2024 UPDATE

- All athletes must complete the online registration process before being eligible to practice. To do so, they must complete paperwork on www.planeths.com (to include uploading a copy of the student's sports physical).
- Once the registration is completed, the Activities Office will complete a grade check to verify academic eligibility.
- ****NEW PROCEDURE**** Student-athletes NO LONGER need to come to the Activities Office to obtain a Golden Ticket. The Activities Office will post a list of eligible students beginning one week prior to the start of the season. The list will be posted on the Activities Bulletin Board by the gym. [Click here for more information about this change!](#)
- All students must fill out paperwork on PlanetHS/Big Teams [Click here for Planeths.com instructions](#)
- **Physicals** must be *uploaded* to the Big Teams website (from the above link)
****PHYSICALS CANNOT BE MORE THAN 18 MONTHS OLD****
[Physical Form- Link](#)

WHEN CAN I SIGN UP FOR SPORTS & ACTIVITIES?

Fall Activities	Registration Starts	Season Start Date	State Championships
Cross Country Running	July 24	July 31	Oct 5th @ Bartlett
Tennis	July 24	July 31	Oct 10-12 @ Alaska Club East
Flag Football	July 24	July 31	Oct 17-19 @ Wasilla
Football (and cheer)	July 24	July 31	Oct 25-26 @ Colony
Swim & Dive	Aug 1	Aug. 7	Nov. 8-9 @ BHS Pool
Volleyball	Aug 1	Aug 7	Dec 14-16 @ Alaska Airlines Center
Rifle	Aug 27	Sept 4	
E-Sports	Sept 2	Sept 9	TBD
Bowling	Sept 23	Sept 30	None
Wrestling	Sept 25	Oct 2	Dec 20-21 @ Alaska Airlines Center
Winter Activities	Registration Starts	Season Start Date	State Championships
Hockey (and cheer)	Oct. 9	Oct 16	Feb 13-15 at Menard Center (Wasilla)
Basketball (and cheer)	November 25	Dec 4	March 19-22 @ Alaska Airlines Center
Nordic Ski	Oct 23	Oct 30	Feb 20-22 @ Government Peak
Spring Activities	Registration Starts	Season Start Date	State Championships
Track & Field	March 3	March 10	May 30-31 @ Dimond
Soccer	March 3	March 10	May 29-31 in the Valley
Baseball	March 3	March 10	June 5-7 @ Mulcahy
Softball	March 3	March 10	June 5-7 in Anchorage
Drama, Debate, & Forensics - Talk to Mrs. Skala in room 414B			

Questions?

Please reach out to the Activities Office with your questions. We would love to help you!

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GO BEARS!

