



Abbott Loop Elementary

Specialists' Activities

April 13th - April 17th - We miss your smiles!

You can join the Specialists' Google Classroom by typing in this code: **dx7hm3c**

Join the specialists twice a week on Zoom - password for both is: **wildcat**

Wednesday at noon - <https://asdk12.zoom.us/j/754663551>

Friday at noon - <https://asdk12.zoom.us/j/737284149>

Music Monday!

Mrs. Peterson

- *Design or draw a new instrument. What family or families would it belong to? Woodwind, Brass, Percussion or Strings?*
- Build Your Own Shaker! Ask for an empty toilet paper tube, some paper, scotch tape, scissors, and 2 spoonfuls of dried beans or rice. Cut a paper circle slightly bigger than the end of your tube, tape it on to the end to seal, spoon in your beans, then close off the other end. For extra strength, cover it all with duct tape.
- Game Time! Share a game you learned in the music room with your family. Night at the Museum? Guess My Rule? 4 Corners? Missing Musician?
- Try your hand at songwriting. Take a popular song and add your own lyrics. "Twinkle, twinkle" becomes "Dinner, dinner" or "She'll Be Comin' Round the Mountain..." becomes "We'll Go Walkin' Down The Driveway..."
- Try your hand at music composition. Head over to the Chrome Music Lab Song Maker. Click on boxes to add pitches, rhythms and harmonies.
<https://musiclab.chromeexperiments.com/Song-Maker/>
- Here's my website :)
<https://sites.google.com/asdk12.net/musicatabbottloop>
- Email peterson_erin@asdk12.org

P.E. Tuesday! **Mr. Cragen**

- Exercises you can do at home
- Alphabet Fitness Bingo
- Fun Fitness Workout Activity
- **PLAY OUTSIDE/JUMP ROPE/YOGA/FAMILY WALKS**
- Fitness Origami Dice Activity

**Library
Wednesday!
Ms. Barbosa**

-
- A close-up photograph of the spines of two books. The top book has a red spine with the words "HAPPY KID" written in white marker. To the right of this, there is a small white label with the letters "F" and "H" in black. Below the red spine, the spine of another book is visible, which is black with the title "TO THE ENDS OF THE UNIVERSE" printed in white capital letters. The books are resting on a wooden surface.

- TO MAKE A KINDNESS ROCK, find a rock of any shape or size and use what materials you have at home to create an image or write a message. It can be as detailed or as simple as you would like. On the back of the rock write “Keep or Hide”. At present, you might “hide” the rock around your house for your family to find. Wait until your family gives the “okay” to hide outside. Keep making more. Challenge: Can you think about the

**Artistic
Thursday!**
Ms. Howald

MATERIALS: Rocks, Markers, Paint, Glitter, Nail Polish or anything that will stick to a rock. **Optional Tools:** Q-tips, pencils (good for dots and details if you have paint), brushes, sticks. **Tip:** Trace your rock on a piece of paper and do a couple of practice designs.



- *Send a picture of what you made!*
- My email: howald_joelle@asdk12.org
- Google site:
<https://sites.google.com/asdk12.net/ms-howalds-art-room/home>

[illegible]

Are you smarter than Dr Smartstuff?

This is an interactive game. You can click on the link below or type it into the address bar if it doesn't show up! Select the grade you want to play and see if you know your stuff?

<https://www.thegreatbodyshop.net/games/quiz>

Toasted Oat Graham Crackers

(Vegan and gluten-free)

makes about 3 dozen square crackers

3 cups old fashioned oats (use certified gluten-free for gluten-free crackers)
1/3 cup light brown sugar, packed
3/4 teaspoon ground cinnamon
1/4 teaspoon ground nutmeg
1/2 teaspoon baking soda
1/2 teaspoon salt
1/3 cup melted coconut oil
3 tablespoons pure maple syrup
3-4 tablespoons water

Place oven racks in the top and bottom positions. Preheat oven to 325F.

Spread oats onto a dry rimmed sheet pan. Place in oven and toast for 5-7 minutes, or until fragrant. Let cool for about 10 minutes.



Transfer oats into the bowl of a food processor. Process for 1.5-2 minutes, or until there are no recognizable oats. Pulse in light brown sugar, cinnamon, nutmeg, baking soda, and salt. Add coconut oil, maple syrup, and 3 tablespoons of water and process until a dough ball forms. Add 1 more tablespoon of water if the dough is crumbly.

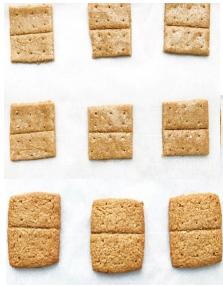


Sandwich dough between two pieces of parchment paper and roll until 1/8-inch thick. Transfer to the freezer (on a baking sheet, if desired) for 10 minutes.

In the meantime, line two sheet pans with parchment. Set aside.



Remove frozen dough from freezer. Slice in 2-inch squares (scraps may be re-rolled). Place about 1.5-inches apart on prepared pans. Use a sharp knife to score lightly down the centers. Pierce a few times with a toothpick or the tines of a fork.



Bake 10 minutes before rotating the pans top to bottom and front to back. Bake for an additional 10 minutes. Let crackers cool for 5 minutes before removing to a rack to cool completely. Crackers will initially be slightly soft, but will harden as they cool. Repeat brief chill, slicing, scoring, and baking with any remaining dough.



YUM