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## The Birchwood Banner

### November 2020

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*Birchwood ABC achieves high academic standards through a structured, well-defined curriculum, based on the mastery of skills, mandated homework and consistent grading procedures. Our program emphasizes leadership, citizenship, self-discipline, and character development as its guiding principles*

### Principal's Corner



Birchwood families, On October 15 our ASD Superintendent announced that our K-2 and Life Skills students would begin classes at the school on November 16. The district is using updated CDC guidelines as one of the key components of their decision-making process. That information can be accessed through the following link: <https://www.asdk12.org/Page/16047>. The district has also observed how other districts throughout our state and in the lower 48 have brought students back to in-person schooling and have been able to keep them safe and healthy. Additionally, mental health experts advise that keeping students out of school long term will have a significant adverse effect on families and communities. Our Birchwood team supports this decision and we are excited for the opportunity to have students back in school. Our team is working on revising our procedures to include COVID mitigation protocols. This will include the drop-off and pick-up of students, along with several other items. We are working with our ASD Health, Safety and operations departments, as well as our academic departments to create these procedures. Families will receive access to all of our revised processes prior to November 16. Thank you for your patience and support as we all face these challenging

times! Please take the following survey as well. It will help the Birchwood ABC team better plan for when your student(s) in K-2 or Life Skills student returns to in-person schooling on November 16.



QR Code or link to the survey <https://www.surveymonkey.com/r/RKZF9GM>

# RED, White, and Blue

## Award Winners:

### October Character Trait Awards:

**Self-Discipline:** Training and control of oneself and one's conduct, usually for personal improvement.

<b>Ms. Banner:</b>	Hunter Capozzi
<b>Mrs. Crum:</b>	Cooper Manner
<b>Mrs. Summers:</b>	Larissa Chiavetta
<b>Mrs. Lambert:</b>	Liam VonDran
<b>Mrs. Boothe:</b>	Charles Armstrong
<b>Mrs. Means:</b>	Hannah Syria
<b>Mrs. Motton:</b>	Leah Peterson

<b>Ms. Tyson:</b>	Teagan Hunter
<b>Mrs. Dennis:</b>	Eliza Massey
<b>Mrs. Eads:</b>	Mackenzie Thorp
<b>Ms. Jacobs:</b>	Michael Saxton
<b>Mrs. Barker:</b>	Kai Healy
<b>Mr. Hahn:</b>	Ruediger List
<b>Ms. Jones:</b>	Janelle Iyakitan
<b>Mr. Olson:</b>	Priscilla Hickey



Library curbside pick-up and return will be Wednesday from 3:00PM-5:00PM. Book requests need to be in by noon on Wednesday.

All information is on the library website.

<https://sites.google.com/asdk12.net/bwabclibrary/home>

## **Birchwood Advisory Committee (BAC) News:**

**Next Meeting:** The next BAC meeting is scheduled for November 5<sup>th</sup> at 6:00 PM via zoom. Please email [bacbirchwood@gmail.com](mailto:bacbirchwood@gmail.com) with any questions or curriculum matters you'd like to discuss or address.

**Did you know:** You do not need to be a BAC member to attend monthly meetings. Anyone interested in curriculum proposals, philosophy matters, or school academic policies are welcome and encouraged to attend. We want to hear from the parent/guardian body so that we may better represent you and our students.

The BAC is a committee of parents or guardians of BWABC students organized to advise, consult, and assist the school's administrative staff on matters relating to the curriculum.



## **School**Portraits

- ✓ No Session Fee
- ✓ Purchase only the print package
- ✓ Indoor or Outdoor portrait options
- ✓ Only one family is scheduled at a time
- ✓ Sibling Photos
- ✓ Print packages ready in approximately one week
- ✓ Support a locally owned, family run business
- ✓ Appointments through December available



For all five of our kiddos, we love getting photos to share with family and friends. This was a fantastic experience where they offer a calm, inviting environment, different photo back drops, completely engaged with our 1 to 16 year old, and I LOVE the opportunity to pick what PRINTS you want instead of having to buy a package and having photos that might go to waste. This is definitely something to take advantage of!!"

-Jennifer M.,  
Fitzgerald Photography Customer

## **Schedule**Appointment:

**(907) 726-1562 CALL**

**(907) 727-7846 TEXT**

**Alicia@FitzgeraldPhotos.com**

**www.FitzgeraldPhotos.com**

**Located in downtown  
Eagle River, Alaska**





# Healthy Futures

## Activity Logs



# DUE: Nov 3!

October Activity logs can be submitted by scanning or photo attachment, and then emailed to Mr. Olson *and* this can count for your entire PE participation for the quarter!

Start your **NOVEMBER ACTIVITY LOG** on the first!

Prizes can be distributed during school supply pick-ups, or when/if students return on the 19th

For more information about the Healthy Futures program, visit

<https://healthyfuturesak.org/>

Download an activity log [HERE](#)

See video link below for brief tutorial:





## Notes from Nurse Beth

Hope you are enjoying our Autumn season. With the dusting of snow and the cooler temperatures reminding us that winter is just around the corner, don't forget to get your student their winter gear. Before you know it, we will be back face-to-face and students will be going out for recess. Please keep your student protected from the winter elements.

I will be accepting medications soon for those students who need to have them at school. If you need forms, I sent them in the October and September Banner, call or email me if you need help. Remember I need an adult to bring medications to school. Students should never carry medication to school. I also need a doctor's order for any prescribed medications to be given at school. Any over the counter medications require an over the counter form signed by a parent. Prescribed medication forms can be emailed or faxed to school. Same with the over the counter form, signed by a parent and emailed or faxed to school.

Don't forget, if I have notified you that I need immunization records for your student please fax or email to school. All students need to either have an up-to-date shot record or current notarized religious exemption on file before school resumes. If you need more information, please call or email me.

ASD will soon be sending information to families regarding precautions and requirements for COVID-19 at school for students returning for face-to-face learning. Please let me know if you have questions.

I have attached a flyer for those that may need assistance with getting help with meals for your family. It is provided by the Children's Lunchbox, Community Covenant Church and others from the community. You do need to register for this assistance.

That's it for now. Please call or email me with questions.

Nurse Beth thomas\_beth@asdk12.org

907-742-3452 office. M-F 830AM-330PM

907-742-3495 fax



# EAGLE RIVER GROCERY BAG

[EagleRiverGroceryBag.com](http://EagleRiverGroceryBag.com)

## Free Groceries for Eagle River Families

EVERY THURSDAY STARTING AUGUST 27, 2020

4-6p • Curbside pickup pantry items • No qualification

Community Covenant Church parking lot - 16123 Artillery Road, Eagle River

• No Questions, No Forms, No need to explain, just groceries  
Go online and let us know how many are in your household.

Can't make the pick up time? Need it delivered? We can help.

Special arrangements for alternate delivery or pickup, call 696-5229 or [Marci@communitycovenant.net](mailto:Marci@communitycovenant.net)



children's  
lunchbox  
a program of Deen's Cafe

COMMUNITY  
COVENANT CHURCH

# Mask Guidance for School-Aged Children

The CDC recommends the use of non-medical grade cloth face coverings in public settings where other physical distancing measures are difficult to maintain. When used with other risk mitigating efforts, non-medical grade masks can further reduce the transmission of SARS-CoV-2 in public areas and a school building.

Masks are considered safe for most children and youth over the age of two years. **There are very few exceptions for wearing masks.**

## Should a child be required to wear a mask during school?\*

The child has asthma.	 <b>YES</b> The American Academy of Allergy, Asthma and Immunology recommends that individuals with asthma wear a mask in public.
The child has a condition such as autism spectrum disorder, intellectual disability, or a mental health disorder.	 <b>YES</b> These conditions do not necessarily justify a mask exemption unless the child is unable to wear a mask without excessive trauma or frequent manipulation.
The child cannot communicate clearly while wearing a mask.	 <b>YES</b> Explore instructional adaptations or use a face mask with a clear plastic insert as appropriate.
The child cannot remove the mask on their own.	 <b>NO</b> Encourage the family to consider virtual learning opportunities.
The child is asleep or unconscious.	 <b>NO</b>

\*There may be children that have experienced trauma and find masks hard to wear due to their past experiences.

For more information and tips for helping children wear masks, visit <https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Cloth-Face-Coverings-for-Children-During-COVID-19.aspx>

### Alaska Chapter

incorporated in Alaska

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

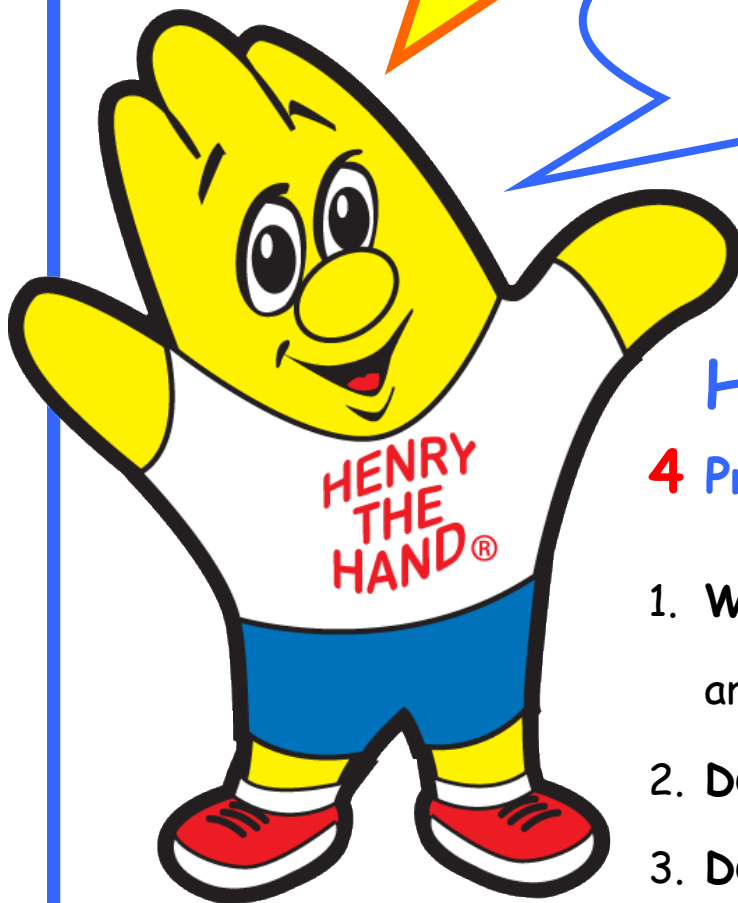


Sources: Kansas COVID Workgroup for Kids, Center for Disease Control and Prevention, and American Academy of Pediatrics



Help keep  
Birchwood ABC Elementary  
Healthy

Spread the Word  
Not the Germs



Henry the Hand's®

#### 4 Principles of Hand Awareness:

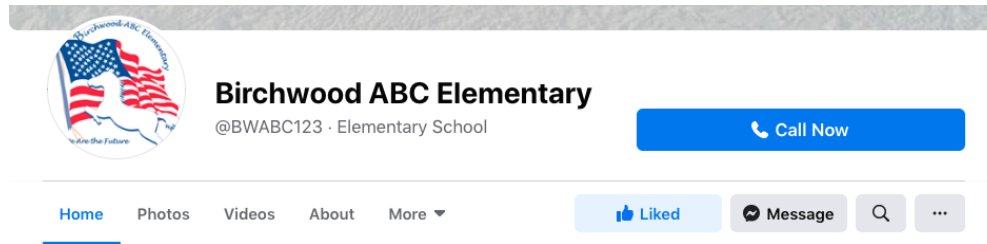
1. **WASH** your hands when they are dirty and **BEFORE** eating.
2. **DO NOT** cough into your hands.
3. **DO NOT** sneeze into your hands.
4. Above all, **DO NOT** put your fingers into your eyes, nose or mouth!

© 1999 Dr. William P. Sawyer

Henry the Hand Foundation promotes Hand Awareness.  
Cincinnati, OH 45241      513.769.3660      [www.henrythehand.com](http://www.henrythehand.com)



Birchwood ABC is on Facebook! Please be sure to follow and like our OFFICIAL Facebook page. This will be just one of many ways for Birchwood's staff, parents and students to stay connected! You can find our OFFICIAL page at [www.facebook.com/BWABC123](https://www.facebook.com/BWABC123). We would love for you to share all the ways that you and your students are staying engaged, by posting pictures and videos to our page.



*Each month Birchwood ABC focuses on a different character trait.*

## November's Character Trait

**Leadership:** The action of leading a group of people or an organization.



November 3<sup>rd</sup>—No school for students  
November 11<sup>th</sup>—No school for students  
November 26<sup>th</sup>-27<sup>th</sup>—Thanksgiving Break.

December 18<sup>th</sup>—No school for students. End of second quarter.  
December 21<sup>st</sup>-January 1<sup>st</sup>—Winter Break

**Thank you to our School Business Partner!!!**



773 Logistics Readiness  
JBER, AK