

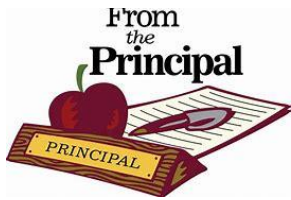


FLOAT PLANE

# Lake Hood

## Home of the Pilots

### April 2019



Spring is finally here! It is hard to believe that we have only a few months left in the 2018 -2019 school year. I would like to take a moment to thank you for your hard work this year! You are all vital to the success of students here at Lake Hood Elementary.

We have had so many great things happening at LHE this past month. As you know, students have been involved in the PEAKS state testing. Students are working hard to show what they know on the test. We recently had our Spring Choir Concert, which was amazing! The students sang their hearts out and performed for the entire school and their families. One of our favorite events each month is our Attendance Parade. This month's Attendance Parade will feature the UAA Hockey Team as our special guests. I have something very special planned for the May Attendance Parade...so it will be important to try to get your children to school on time each and every day.

We are asking for your help with students walking home or meeting their family during dismissal. Families should be using the crosswalks to meet students and bring them to the parking lot area. If students are walking home, now is the time to remind your child to use crosswalks. If they are to cross the road, they should be looking both ways to stay safe. I appreciate your help in keeping our students safe.

I can't believe summer is almost here! Get outdoors and enjoy the sunshine!



Aimee M. Kahler, Principal

## April Calendar

English pranksters in 1700 begin popularizing the annual April Fools' Day by playing practical jokes on each other. Although the day has been celebrated for several centuries, its exact origins are a mystery.

April 1<sup>st</sup> - 5<sup>th</sup> PEAKS 4<sup>th</sup> & 5<sup>th</sup> Grade



April 3<sup>rd</sup> Parent Cafe 5:30- 6:30PM



April 5<sup>th</sup> Attendance Parade 3:15PM



April 8<sup>th</sup> Kindy Roundup 9:30AM



April 12<sup>th</sup> Picture Day



April 22- May 10<sup>th</sup> MAP Testing Window



April 26<sup>th</sup> Masquerade Ball 6:30-8:30 PM



April 29<sup>th</sup>-30<sup>th</sup> AIMS WEB Testing K-2 AM



## 2019 PEAKS State Assessment – Reach New PEAKS of Learning!

Each spring, Alaskan students are provided an opportunity to show what they know. When students show what they know, teachers and parents can partner to promote student success.

The Performance Evaluation for Alaska's Schools (PEAKS) is Alaska's summative assessment administered to students in Grades 3-9 (English language arts and mathematics) and grades 4, 8 and 10 (science) each spring. The purpose of a large-scale, summative assessment is to provide parents and schools an overall picture of a student's progress in meeting the Alaska standards at his/her grade level. The assessment is taken on the computer and is not timed, but each content area takes approximately 100-180 minutes.

Parents can locate resources for the PEAKS assessment, including directions for PEAKS Practice tests, called Online Tools Training and PEAKS Tutorials on the ASD website at [www.asdk12.org/PEAKS](http://www.asdk12.org/PEAKS).

Parents can also help by ensuring their children are well rested, eat a nutritious breakfast, and are at school on time for the days of testing. Please avoid scheduling appointments on your child's testing days.

The ASD PEAKS testing window below allows for school assessment scheduling flexibility. Students! Get ready to reach new peaks of learning and earn a PEAKS sticker set for showing what you know during our school's PEAKS testing dates:

### 2019 ASD PEAKS Testing Window

**March 25-April 5**

**(Make-ups: March 26-April 26)**

**PEAKS MAKE UP – April 8- 26th**



## 2019 Lake Hood Kindy Roundup



April 8<sup>th</sup> Monday

9:30-10:30 a.m.

MPR/Kindergarten Classrooms

9:30-10:00 Parents and future kindys will remain in the MPR. Tables will be set up in the back of the room for 2 groups of students. Future kindys will join the tables with age appropriate games/puzzles.

Mrs. Kahler will introduce all staff members present, and will share information with parents. Ms. Angie and Nurse Laurel will also be present to share their expertise.

10:00-10:15 Classroom Visits: Parents will accompany their child to a kindy classroom to participate in a reading/SEL activity.

10:15 Send parents/students back to MPR.

10:15-10:30 Question/Answer Session with Kindy Teachers in MPR. TA will take students outside.

## 6<sup>th</sup> Grade Families



## Sonic Boom Festival

Thursday, May 2<sup>nd</sup> at the Sullivan Arena. All 6th grade band and orchestra students will participate in this event - you will not want to miss it!

Time: Students arrive at 6:00 PM for seating, tuning and rehearsal!

Concert at 7:30 pm.

Dress: Light or white tops, dark or black bottoms.

Try to car pool if you can, as there are a lot of families participating.

Questions?



Band - Mr. Kordik: [kordik\\_james@asdk12.org](mailto:kordik_james@asdk12.org)



Orchestra - Ms. Jamieson: [jamieson\\_mari@asdk12.org](mailto:jamieson_mari@asdk12.org)



School Band and Orchestra Concert



Wednesday, May 15<sup>th</sup> at 2:30-3:00 pm

Dress: Light or white tops, dark or black bottoms, same as Sonic Boom

Hope to see you there!

## 6<sup>TH</sup> GRADE MAY ENERGY WALK

Wednesday 22<sup>nd</sup> leave Lake Hood at 9:30 am & return at 1:30 pm.

Our walk ends at Kincaid Park Chalet, families not walking the Energy Walk can meet us at the chalet, which is where graduation will be held.

Graduation begins promptly at 12:00 pm. After graduation, water and cake will be served. Bus will leave the chalet at 1:00 pm.



## MEET MS ANGIE JENSON OUR SCHOOL COUNSELOR

Ms. Angie helps all students in the areas of academic achievement, personal/social development, and ensuring today's students become the productive, well-adjusted adults of tomorrow.



Ms. Angie frequently visits our classrooms for fun, interactive time to learn about friendship, conflict resolution, building confidence, and more. She may also meet with students individually when they are going through tough experiences, or want to learn new ways to handle problems or build skills to help them at school. And Ms. Angie also works with groups of students who may want to learn new skills together.

We are so fortunate to have Ms. Angie at Lake Hood! Make sure to share your appreciation for her when you see her or work with her.



## Parent Cafes



Our school has begun having Parent Cafes as a way for parents to connect and support each other while building a strong school community.

A café is held in a room with five tables. Each of the five tables has a host with four to five other people. The host asks questions and the group has a discussion about them. After 15 minutes the group disperses to different tables with a host who has different questions. After another 15 minutes the group disperses to a third table for a final discussion.

### The discussions follow Parent Café Agreements:

1. Speak from your own experience: Use "I" statements
2. Listen attentively: Do not interrupt
3. No judgements, positive or negative.
4. Do not give advice.
5. Confidentiality: what is talked about at Parent Café stays at Parent Café.
6. Turn off or silence cell phone.

The conversations are centered around 5 research based protective factors that keep families strong. The five factors are as follows:

**Resilience**-as parents, in order to deal with the stresses of life, we need to be strong and flexible and be able to bounce back when adversity hits. By creating a welcoming atmosphere and opportunities for supportive relationships it gives encouragement and strategies to parents.

**Relationships**-when caregivers have positive trusted friends in their community a support system for needs is established. Together we work out ways to handle issues that arise. It's important that we get to know each other so we are not alone in dealing with the challenges and celebrations of parenting.

**Knowledge**-Children don't come with instructions. Parenting is a continuous learning process and it is important to know child development and what are reasonable expectations. When our children are acting out we need to have good strategies for dealing with that.

**Support**-Everyone needs help sometimes and it is a sign of strength to ask for help when you need it. Often it takes a caring person in the community to help connect us to what we need.

**Communication**-Children need to know how to manage their emotions and express their needs. When children do this our job as parents and caregivers becomes less stressful. By listening to each other and understanding feelings, we provide for our parents what they do for their children every day.

The final Parent Café of the school year is this coming Wednesday, April 3rd at 5:30. Childcare is provided as well as a meal of baked potatoes with toppings. If you are interested in attending, please contact Ms. Angie at 742-8416 and tell her how many adults and children will attend.

LAKE HOOD ELEMENTARY  
**MASQUERADE BALL**



**FRIDAY, APRIL 26TH, 2019**  
**6:30 TO 8:30 P.M.**



*"Bling" will be  
for sale at the  
dance.*



*Masks will be  
for sale for  
\$3.00 during  
the week of  
the dance.*



**Dinner and snacks available for purchase. Parents must attend with their students.**

Minimum credit card purchase is \$10.00. Cash preferred.

*~Please stay to help clean up~*



Serving on the PTA Board is a wonderful way to get to know other parents, teachers and administrators and have a direct impact on your child's education. Please contact Trudy McMullen in the library with questions you may have!

**Deadline for voting: April 30<sup>th</sup> Election at board meeting May 6th.**

Please list below nominee(s) you would like to serve on the PTA board for Lake Hood Elementary 2019-20.

You can even nominate yourself! Forms can be dropped off in the library!

President	Oversees meetings & board members	
Nominee(s):A	B	C
They would be a valuable board member because:		
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General Vice-President	Assist the President, oversees meeting in his/her absence	
Nominee(s):A	B	C
They would be a valuable board member because:		
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Vice-President of Fundraising	Coordinates & oversees fundraising events	
Nominee(s):A	B	C
They would be a valuable board member because:		
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Secretary	Records meeting minutes	
Nominee(s):A	B	C
They would be a valuable board member because:		
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Treasure	Records all funds & transactions	
Nominee(s):A	B	C
They would be a valuable board member because:		
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**PE News** by Jim Polovo

Field Day Fun Day is planned for Wednesday, May 15th (Friday, May 17th Rain Date).



**AM Session:** Intermediate (Gr 4-6)

**9:30-11:15**

**PM Session:** Primary (Gr pK-3)

**12:30-2:15**



**Lots of items need to go home – check the tables outside the library!**



## Pilot SEL Flight Information



**Word of the Month: Cooperation:** "I can work cooperatively with others."

<http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=286&id=2962#1>

### Cooperation

Learning to cooperate means that a person can think about and balance their own needs and wants with another person's needs and wants. Many people think that cooperation means the child does what the adult wants.

That's not the case. True cooperation is a give and take between people that ends up with something they both agree on. When we cooperate, we have more positive social interactions and are better able to make and keep friends.

#### Qualities in someone who cooperates:

- |                              |   |
|------------------------------|---|
| *Relates to others           | *Knows how to show empathy              |
| *Strong communication skills | *Actively listens to others             |
| *Patience                    | *Ability to trust others                |
| *Genuine interest in others  | *Flexibility                            |
| *Good Judgement              | *Ability to persuade others             |
| *Negotiation skills          | *Ability to keep an open mind           |
| *Sense of humor              | *Honesty                                |
| *Leadership skills           | *Problem solving skills                 |
| *Good Manners                | *Ability to support and motivate others |

**How we instill Cooperation:** Role-play how to cooperate. Role-playing can be a great way to teach cooperation because it allows parents to support their child's skill development, no matter how advanced or challenged. When your child has difficulty cooperating in a particular situation or with a particular peer, spend some time role-playing. Explain that other kids will want to keep playing with your child when he cooperates by doing things like taking turns, sharing, and working together. By providing your child with this supportive practice, you can help him develop new skills and be more successful at cooperating in the future.

#### Activities for families:

Use specific *praise to encourage children's efforts* to cooperate.

When parents pay attention to their child's cooperation skills, their child is more likely to use these skills again in the future. Parents can pay attention by using specific praise when their child cooperates. This might sound something like "Nice job taking turns and cooperating with your sister" or "I really appreciate how you are working together to finish this puzzle with your friends." Remember, your child's cooperation skills do not have to be perfect before you provide some praise. Cooperation is a complex skill, so praising children's efforts along the way toward mastery can keep them growing and developing.

Have kids work together to keep a balloon off the floor as long as possible by taking turns to tap the balloon with their hands, head, or feet. Not only is this game fun for children, it also provides you with lots of opportunities to model and praise cooperative efforts. It's a win for you and your children!

## **Business Partners**

### **Students and Community Linking Schools and Families**



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