Congratulations to all the student-athletes participating on Mears’ amazing cross country team. The runners, along with their coaches, had an outstanding showing at last week’s race at Service High School, with all participants on the team working hard, doing their best and showing great sportsmanship. Panther Pride!
Native Alaskan History

Students in Mr. Nick Middleton’s 8th Grade US History class gave great presentations yesterday on Native Alaskan history. Collaborating in small groups, students conducted research on culture, geography and lifestyles of different indigenous tribes of Alaska and Northern Canada.

Mears and ASD Celebrate Diversity

At Mears, we are extremely proud of our diverse student body. In fact, Anchorage School District is among the most diverse in the entire nation, with over 100 different languages spoken by students in ASD schools. Here are a group of Mears students showing pride in their Native Indian heritage.
Seed Spitting Science Lab

Ms. Callie Wilder's Science 7 students engaged in a fun and investigative lab on Thursday morning. Students were required to form a hypothesis on whether height is a factor in spitting distance. The lab, which was conducted in the skating rink on campus, had each student spit three sunflower seeds as far as they could. Students measured and averaged the spit distance, as well as their own height. Mr. Backman was able to spit a seed 340cm (in windy conditions!)

Bubble Snakes

Ms. Heather Fleming, Mears' Librarian, led students in a fun MakerSpace activity this week. Using a plastic bottle, cotton sock, and rubber bands, students created a tool for making bubble snakes. This was the first in a series of monthly MakerSpace activities sponsored by Mears amazing library and Maker educators!
On Tuesday, September 17, Mears Department Lead Teachers gathered at a district-led training session on the Multi-Tiered System of Supports (MTSS). The research-based program is designed to address the academic and social and emotional needs of diverse learners at every level throughout a school. At Mears, we are working toward full implementation of the program so that all students learn and grow to their fullest potential.

**Stay Informed/Get Involved**

**Mears Teachers and Staff**
Friday, Sep 20 - PTSA Teacher Grant Applications Due 3pm
Friday, Sept 20 - Staff/Parents vs. Student Soccer game - 3:15pm-4pm - Cheerleaders welcome!!

**Mears Parents and Guardians**
Friday, Sep 20 - Staff/Parents vs. Student Soccer game - 3:15pm-4pm - Cheerleaders welcome!!
Tuesday, Sep 24 - Girls Basketball Games JV & Varsity @ Wendler - 5pm
**Tuesday, Sep 24 - PTSA Digital Citizen Event - 6:30pm**
Wednesday, Sep 25 - Cross Country Running Meet @ Kincaid - 5:00pm
Thursday, Sep 26 - Washington DC Trip Informational Meeting - 6:30pm, Mears Library

**Note:** All after school sports will begin at 5:00 pm due to bussing constraints.
Important Announcement:
Come Learn About our Nation’s History in Washington DC this Spring

Mears Middle School students at the Washington Memorial in DC, 2018.

Mears teachers Mr. Jason MacDonald and Ms. Courtney Spann will lead an educational trip to our nation’s capital, Washington DC, March 3-11, 2020.

Anyone interested in the trip is invited to attend a special informational presentation this Thursday evening, September 26, beginning at 6:30pm in Mears Library. Applications are now available in Mears front office.

Highlights for the trip include visits to the Library of Congress, US Supreme Court, the Smithsonian Museums, Arlington Cemetery, Mount Vernon, Gettysburg National Park, Hershey Park, Independence Hall, the Liberty Bell and the Philadelphia Museum of Art (Rocky Steps).

This exciting trip will be organized by Alaskan Student Travel and Consulting, owned by former Mears Principal, Mr. Mike Perkins, who will serve as a guide in DC.
Get Your Flu Shot on Oct. 1st

FLU SHOTS

Join us for a NO COST flu shot clinic at:

Mears Middle School
Tuesday - Oct 1st
1:45pm - 5:00pm

- Open to anyone ages 6 months and older.
- No insurance required.
- Parent or guardian consent required for ages 17 and under.
- Contact the school nurse with any questions.
This coming Tuesday, Sept. 24th, from 6:30-8:00pm, Mears PTSA will host an educational event for the whole community. The evening will feature an interactive presentation on Family Digital Safety Awareness. This event, which is the first in a series of educational community gatherings organized by the PTSA, will address critical issues on digital citizenship and safety that are important to us all. Please join us for this very special event as we work to build an informed community that supports the health and well being of all of our kids and their families. In the meantime, take a moment to read this informative article, “School Year Screen Time Rules,” published by Common Sense Media, a leading educational non-profit organization that promotes Digital Citizenship. --Eric

Screen Time Rules
SEPTEMBER 24TH 6:30 PM is FAMILY DIGITAL SAFETY AWARENESS NIGHT.

BRING THE WHOLE FAMILY. This is an interactive event. We want parents and students to be involved. You will learn about password creations, Social Empathy, Healthy internet habits and more.

VOLUNTEERS NEEDED
If you’re interested email us volunteercoordinator@mearsptsa.com

4th Annual Holiday Bazaar is November 2.
Do you, your spouse or your child have a business and would like to reserve a booth? To reserve a spot visit www.mearsptsa.com (click on the Holiday Bazaar image). We would love to see food trucks, games, student entrepreneurs, hand crafted items, musical performances, dance performances, Santa Claus, Photo Booth. Does this sound like something you would like to do?
Diversity is having a seat at the table, inclusion is having a voice, and belonging is having that voice be heard.

All Panthers Belong!

*Mears Middle School Mission*
Through teamwork and cooperation, all students become partners in their own educational progress, fostering self-respect, responsibility and integrity.

[Mears Middle School Website](#)