

# Tiger Tracks

## Northern Lights ABC School Newsletter



Dear NLABC Families,

It is always a welcomed sight to start to see the lighter days and feel the warmer weather. Despite the snow on the ground, spring is here in Alaska as we move into the final quarter of the school year.

March 28 - April 8 we will have our AK Star State Assessments for students in third-eighth grades. Students in fifth and eighth grade will also take the Science Assessment exams during this time frame. Your child's teacher should have emailed you the days for the tests. As far as standardized testing goes, I am excited about this one because it is from NWEA, the same company that produces the MAP test. I expect a lot of alignment to MAP and there are great new features and tools for students to use.

During this time, your help is needed to ensure that your child gets a good night sleep, eats a hearty breakfast, and has a snack and water bottle handy on these days. They will get breaks throughout the day as the tests are not timed. We ask that your child arrives to school on-time as testing will begin at 8:30am. If possible, please do not schedule appointments on testing days. If your student does need to leave during the day, they are not able to come back to finish the assigned test for the day. It will be considered complete at that time.

We have some fun events coming up. We are doing our American Heart Association fundraiser in which the funds raised will be dedicated to purchasing new PE equipment. An email was previously sent out regarding this and more emails with how to sign up will come as well.

RWB assemblies will be on April 8th. Intermediate students will be recognized at 8:30am and our primary students will be recognized at 9:30am.

A fun family and school event is being planned for May 13th, so mark your calendars and stay tuned for more information.

Partners in Education,

Tammy Duff

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## Dates to Remember

3/28/22-	AK STAR Testing begins
4/1/22-	Digital Tiger Reading Logs (due by the end of the school day 4/4/22)
4/8/22-	RWB Assembly- Intermediate 8:30am
4/8/22-	RWB Assembly- Primary 9:30am
4/19/22-	Spring Virtual Moose & Bear Safety Program (K-2) 8:30am
4/19/22-	Spring Virtual Moose & Bear Safety Program (3-6) 9:30am
4/21/22-	MS Large Group Choir Festival at Bartlett 7-8pm
4/22/22-	MS Spirit Day- Home Room Wars
4/22/22-	Middle School Dance (in the MPR) 2:45-4:30pm
4/25/22-4/29/22-	Teacher Appreciation Week

See what upcoming events are happening at our school.

Watch the school calendar!

<https://www.asdk12.org/Page/90>

### **RECESS DRESS CODE**

Per ASD policy students are expected to attend recess until -10 degrees below zero. This will include wind chills. Snow Pants are required for soccer, football and the sledding hill. Students who do not have proper gear will go to study hall.

	<b>Below Freezing (32 degrees)- Required unless otherwise stated</b>	<b>Snow on the Ground-Required unless otherwise stated</b>
<b>Grades K-4</b>	Warm Coat, Hat or Hood, Gloves	Warm Coat, Hat or Hood, Gloves, Snowpants, Boots
<b>Grades 5-6</b>	Warm Coat, Hat or Hood, Gloves	Warm Coat, Hat or Hood, Gloves, Boots. Snow Pants are encouraged.
<b>Grades 7-8</b>	Coat	Encouraged are a Warm Coat, Hat or Hood, Gloves, Boots and Snow Pants.

<https://www.asdk12.org/domain/5586>

# Music News

## K-5

Students are making progress towards finishing their music curriculum by grade level. Upper grades are working on a fun and challenging drum piece, "Desert Fire." 2nd grade is learning the instruments for the song and game "Button You Must Wander," and 1st grade is working on solfege with So, Mi and La and continuing their Wolf song. Kindergarten is continuing to add instruments, finishing "Apple Tree" and working on "Cobbler." All our NLABC musicians are doing a great job!

## Recorders

It's spring and time for recorders! 4th and 5th grade students will begin Recorder Karate in April. Students will need a recorder so they can begin playing recorder music, having fun and earning belts. Students may use their own recorder, as long as it is tuned correctly, or they may purchase one from the school. If you choose to purchase a recorder from the school, please pay through Parent Connection. The cost is \$5. Parents, please check your inbox for an email with more details.

## Talent Show

Mark your calendars, the school Talent Show will be on the morning of May 17th at NLABC. Auditions will be at the end of April, please keep your eye out for more details that month.

## Choir

Choir students are prepping for our Large Group Festival and Spring Concert. I'm so proud of this group, their hard work and the progress they've made this year.

1. ASD Middle School School Choir Festival: Thursday, April 21st, report @ 5:15 pm for 6 pm concert. Location: Bartlett High School. 7th/8th grade. \*Please note the time change, the concert has been moved to 6 PM instead of 7 PM\*
2. NLABC Spring Concert: Wednesday, May 4th, an afternoon show and an evening show from 6-8 pm. 6th-8th grade.

If you have questions, you can reach me at [congdon\\_darinda@asdk12.org](mailto:congdon_darinda@asdk12.org)



And you can always find more information on our NLABC music website at <https://sites.google.com/asdk12.net/nlabcmusic>

## Migrant Education News



Thank you to all who attended our Iditarod Literacy Event. Fun was had by all as we listened and watched author Dennis Vecera and musher Jeremy Keller.

Migrant Ed parents, please take a few minutes to fill out our annual survey. <https://www.surveymonkey.com/r/2022ParentAnchorage>  
Responses needed by 31 March.

Be sure to check your **CampBrain** account for Spring and Summer events.

If you have specific questions email me at [keil\\_naomi@asdk12.org](mailto:keil_naomi@asdk12.org).  
Mrs. Keil - Student Success Coach for Migrant Education at NLABC

Native Youth Olympics to be held in person in April 2022

[NYO Games Alaska to be Held in Person in April 2022 | Cook Inlet Tribal Council](#)

### Spelling Bee Winner

Congratulations to Sophia McDaniel in Mrs. Hughes' 5th grade class for not only winning our NLABC Spelling Bee, but for earning a spot as a top ten speller for the State of Alaska after competing in the Alaska State Spelling Bee on March 23.

Way to go Sophia! We are very proud of you!

### Reminder for Families of 6<sup>th</sup> Graders

We are starting to plan for next school year and would like your student to select their choices for electives. All students will take the following subjects: Language Arts/Reading, Pre-Algebra/Algebra, Science/Biology, Social Studies, Art, PE and Health, Foreign Language is Spanish and BOC. The elective choices are Debate, Service Learning, Outdoor Adventures, Personal Finance and Study Skills. Please use the attached google form to make your selections numbered 1-5 with 1 being your first choice. You will have one elective each semester. Register early to secure your selection. **The form is due by April 7<sup>th</sup>.** If your student will not be attending NLABC next school year, please indicate this on the google form.

Thank you,

NLABC

<https://forms.gle/fVnjbhPZwjTAHwxA7>

Here are the elective descriptions based on the 2021-2022 ASD Middle School Program of Studies Handbook.

**Service Learning-** This is a community and school project-oriented elective designed to integrate learning experiences from the general school curriculum. The purpose is to make learning and education experiences more immediately relevant and meaningful to learners as well as increase good citizenship for all students.

**Study Skills-** This elective is designed to supplement and enrich all areas of the student's regular program. Time is provided to focus on needed skills with individual and small group assistance.

**Debate-** Students explore multiple perspectives and research and defend a variety of positions and issues while developing strong reading, writing, speaking, and listening skills. The study and practice of academic debate will strengthen various language arts and civic skills, including: argument construction, evidence analysis and evaluation, organization, outlining, persuasion, effective word choice, citation, research competence, media literacy, reading comprehension, summarization and outlining, public speaking, ethics and civility.

**Outdoor Adventure-** This course will cover different outdoor activities both in the classroom and through hands-on experience. A variety of activities will be covered, as well as the exploration of the gear needed to participate in them. Students will read from a variety of outdoor literature and biographies of important individuals and engage in different projects.

**Personal Finance (Economics)-** Students build a foundation of financial literacy through hands-on studies of personal finance and principles of economics. Activities such as experimental economics, mini-society, Junior Achievement, and/or the stock market game will provide opportunity for fun exploration of important 21st century topics.

## Tiger Reading News

Hello Families and Staff,

Tiger Reading is changing how prizes are awarded. Students will be receiving coupons at specific benchmark prize levels (See Benchmark list on the [Tiger Reading Page](#) and coupon example below). Paper coupons can be spent for the listed prize in the library, OR spent at the store as Tiger Bucks *with a parent's signature*. Coupons will be given at the following levels:

- Level 3 Bronze Pin
- Level 8 Gold Pin
- Level 10 Medal
- Level 15 T-shirt

Using coupons will allow families and students to choose specific Tiger Reading prizes OR Tiger Bucks (with parent permission). Coupons will also cut costs during a time when NLABCs' fund-raising has been severely restricted by Covid, and simplify the TR Team's volunteer efforts.

Thank you,  
 NLABC Tiger Reading Volunteer Team  
[nlabctigerreading@gmail.com](mailto:nlabctigerreading@gmail.com)



**NLABC TIGER READING**  
**Leveled/Benchmark**  
**Prize CHANGE**

Hello Families,  
 Please see Tiger Reading changes below.

- TR Levels 3 (Bronze Pin), 8 (Gold Pin), and 10 (Medal) will be awarded as TR **COUPONS**.
- COUPONS** can be redeemed for their respective Tiger Reading awards (Pin/Medal) in the library,
- OR** for 3 Tiger Bucks at the store.
- Redemption as \$3 Tiger Bucks at the Tiger Store requires a parent signature.

Contact: [nlabctigerreading@gmail.com](mailto:nlabctigerreading@gmail.com)



**L10 50,000 Pages**  
**Redeemable for:**

Tiger Reading **MEDAL** (Library)  
**OR** as \$3 Tiger Bucks (Tiger Store)

\*\*\* **Parent Signature** required above for redemption at the Tiger Store as \$3 Tiger Bucks..

# Reminders

## Lost and Found

The lost & found is overflowing with coats, snow-pants, gloves and hats! If you have noticed your child is missing any items please come and check for them. It is located in the front foyer near the library.

## Tiger Reading Volunteer Needed



We are looking for a volunteer to help out with our Tiger Reading program! If you are interested, please email [nlabctigerreading@gmail.com](mailto:nlabctigerreading@gmail.com).

## Volunteers

All volunteers are required to fill out a volunteer application and waiver form, and must wait for district approval prior to volunteering in the school. Thank you for your willingness to help out at our school! Here is a link to the forms: <https://www.asdk12.org/Page/18673>

## Next School Year Plans

If your child will not be returning to NLABC next year, please let us know. This helps the office and our teachers to plan for the new school year. Our number is 907-742-7500. Thank you!

## We Need Noon Duties

We have immediate openings for noon duties at NLABC. You would work for approximately 2 hours a day with the students in the lunch room and outside. The hours are 10:50am-12:50 pm. If you can only help for a couple of days a week, we would appreciate it!

Unfortunately, you cannot bring younger children with you for the position. You can apply at [www.asdk12.org](http://www.asdk12.org) and it is job # 9807 – Service Area Temporaries.



21-22 NLABC MIDDLE SCHOOL SPIRIT DAYS  
.....  
WE ARE PROUD TO BE NLABC TIGERS  
.....



- Friday, March 18 ~ Superhero Theme
- Friday, April 22 ~ Home Room Wars

*On each spirit day, homerooms with 100% participation will earn a ticket to be entered to win a pizza party after the April 22 spirit day. The winning homeroom teacher will also receive a \$50 gift card to their choice of Kaladi Brothers or Amazon. The more tickets earned, the greater your homeroom chances are to WIN!*

*On April 20<sup>th</sup>, Homeroom Wars will take place. The judges will be considering theme, participation involvement, creativity, ambiance, and enthusiasm, to decide on the winning Homeroom class. The winning homeroom, will not only have bragging rights, but will also win a pizza party & rootbeer floats, as well as the homeroom teacher will win a \$50 gift card to Amazon!*

*\* Dates & Themes subject to changes\**

**\*\*SPONSORED BY YOUR NLABC PTA\*\***



You shop. Amazon gives.



## HELP NLABC EARN MONEY, JUST BY DOING WHAT YOU ALREADY DO!

SHOP ON AMAZON, JUST LINK YOUR ACCOUNT TO OUR SCHOOL & AMAZON GIVES BACK 0.5% ON YOUR ELIGIBLE PURCHASES TO OUR SCHOOL!



### COMPUTER

1. Go to <https://smile.amazon.com/ch/92-0065531>
2. Login using your existing Amazon account or register for a new account.
3. Under "Pick your own charitable organization" search for **Northern Lights Elementary ABC PTA**
4. Remember to buy your Amazon purchases through [smile.amazon.com](https://smile.amazon.com) & NOT through the regular Amazon site.
5. It is helpful to create a bookmark or add to your favorites for a shortcut.



### AMAZON APP

1. Get the Amazon App either in the App Store for iOS or Google Play for Android.
2. Open App & login to your existing Amazon account or register for a new account.
3. Simply tap on "AmazonSmile" within the Programs & Features menu or Settings and follow the on-screen instructions.
4. Under "Pick your own charitable organization" search for **Northern Lights Elementary ABC PTA**.
5. Remember to renew your Amazon Smile twice a year when prompted by Amazon.

BE SURE TO SHARE:  
WITH FAMILY, FRIENDS, AUNTS,  
UNCLES, GRANDPARENTS,  
GRANDFRIENDS, AND BUSINESSES.  
THEY DO NOT EVEN HAVE TO LIVE IN  
ALASKA! ANYONE WITH AN AMAZON  
ACCOUNT, CAN SIGNUP & HELP OUR  
SCHOOL!



Thank you for  
supporting  
Northern Lights  
ABC School!

# NORTHERN LIGHTS ABC SCHOOL



ALREADY HAVE FRED MEYER REWARDS?



LOG-IN TO YOUR FRED MEYER ACCOUNT & SEARCH FOR NORTHERN LIGHTS ABC PTA OR TYPE IN KN926 TO LINK YOUR ACCOUNT & START EARNING MONEY FOR NLABC TODAY



NOT A FRED MEYER REWARD MEMBER YET?



SIGN UP & START SAVING MONEY WHILE SUPPORTING NORTHERN LIGHTS ABC SCHOOL

# KEEP ASD SYMPTOM FREE



## At Home COVID-19 Health Screening for Parents and Guardians

Ask these questions at home before sending students to school. Anyone who answers “yes” to questions #1 or #2 must not enter the school or participate in a school sport or activity. Students do not need to stay home if they’ve answered “yes” to question #3. See guidance below.

**1** Within the last 5 days, have you been diagnosed with COVID-19 or had a positive test for the virus?

**2** Have you had any of these symptoms in the last 24 hours?

- Fever (defined as a temperature 100.4F or higher)
- Chills
- New trouble breathing or shortness of breath
- New cough
- Diarrhea
- Abdominal pain
- Vomiting
- Fatigue
- Joint pain
- Muscle aches or body aches
- New rash
- Loss of taste or smell
- Sore throat
- Headache
- New congestion
- New runny nose

**3** Do you live in the same household or have you had close contact in the last 5 days with someone who has tested positive for COVID-19?

Close contact counts if you have been within 6 feet for more than 15 minutes (cumulative over 24 hrs), or if someone from public health contacted you to let you know you are a contact.

*Note: If a child or staff member lives with someone else who was named as a contact, it is okay for the child or staff member to go to school. We do not quarantine contacts of contacts.*

**Yes**

STAY HOME or go home immediately if the answer is YES to one or more questions above.

Parents / guardians should follow the Return to School Options pathway (see reverse) to determine when to send students back to school. **DO NOT** send student to school with any of the above symptoms.

**4** Are you vaccinated?

**No**

5-day quarantine is recommended but not required. CDC recommends a molecular-based test on day 5 of initial exposure. This is not required by ASD. CDC recommends masking in public and monitoring symptoms for 10 days from last day of exposure.

**Yes**

CDC recommends masking in public and monitoring symptoms for 10 days from last day of exposure. ASD recommends but doesn't require a COVID test 5 days after last exposure.



# Return to School Options

## For Anyone with COVID-19 Symptoms or a Positive COVID-19 Test Result:

1

If you test positive, stay home for 5 days after your first symptom or positive test, whichever is earlier. After 5 days, you may return to school when you have not had a fever in 24 hours without fever reducing medicine, as long as your other symptoms are improving.

2

If you test negative, you may return to school once you have not had a fever in 24 hours without fever reducing medicine as long as your other symptoms are improving.

3

If you do not get a test, stay home for 5 days. You may return after 5 days if you have not had a fever in 24 hours without fever reducing medicine as long as your other symptoms are improving.

4

If your healthcare provider determines your symptoms are from something else, you may return to school with a note from your provider as long as you have not had a fever in 24 hours without fever reducing medicine and your other symptoms are improving.

*Content for this flier borrowed with permission from the Alaska Department of Health and Social Services Start Strong website.*

**Anchorage School Board:** Margo Bellamy, President

Dave Donley

Pat Higgins

Andy Holleman

Carl Jacobs

Kelly Lessens

Dora Wilson

**Superintendent:** Dr. Deena Bishop



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YouTube AnchorageSD

# NO CELL PHONES IN SCHOOL ZONES FACTSHEET\*



A new ordinance (law) passed by the Anchorage Assembly on June 20, 2019 makes it unlawful for a driver of any vehicle to talk on a mobile communication device while driving a vehicle within an active school zone or on school grounds, unless the vehicle is stopped or a hands-free device is used.

## 1 PURPOSE OF THE LAW

- Student safety is extremely important.
- Distracted driving is dangerous.
- Talking on a cell phone or mobile communication device is distracted driving and jeopardizes student safety in designated school zones.



## 2 TERMS USED IN THE NEW LAW

A **mobile communication device** is a cellular phone, smart phone, personal data assistant, wireless tablet, computer, or any similar device used for voice or visual communication.

An **active school zone** is a school zone with signage between 6:00 a.m. and 9:00 p.m. and where the maximum speed is 25 miles per hour or less on the streets permanently or due to a temporary speed reduction indicated by flashing school zone lights.

A **hands-free device** is a phone with speaker capability, an attachment, or other piece of equipment that allows the use of the device without either of the operator's hands.



## 3 THERE ARE SOME EXCEPTIONS IN THE LAW

- A vehicle is **stopped** OR a mobile communication device is used with a **hands-free device**.
- A mobile communication device is **used to dial 911** and make an emergency call.
- An operator of an **authorized emergency vehicle** is using a mobile communication device while acting in an official capacity.

\*This fact sheet is provided as a courtesy to the public to highlight provisions of the law; it is not the law. For specific details of the law and the requirements or prohibitions in the law, please refer to the text of the ordinance (AO No. 2019-51(S)am) or Anchorage Municipal Code section 9.28.055.

*Continued on Back*

# NO CELL PHONES IN SCHOOL ZONES FACTSHEET (CONT.)



## 4 CONSEQUENCES FOR VIOLATIONS

- A \$500 fine, or
- A class A misdemeanor if a person's driving causes physical injury or death to another person.

## 5 QUESTIONS AND ANSWERS

- **Why isn't talking on cell phones banned while driving everywhere in Alaska?** The State of Alaska has preempted Anchorage's right to ban talking on a cell phone while driving, but reading or typing a text message while driving is prohibited statewide.
- **Can I call my student when I'm there to pick them up?** Yes, if your car is stopped, then you can call your student on your cell phone. Or, you may call your student on a hands-free device.
- **Do these rules apply *only* when the school zone lights are flashing?** No! Most schools don't have flashing lights. These rules apply in an active school zone, where the speed limit is 25 mph or less, even if temporarily indicated by the flashing lights, and is designated by the signs posted that say "School Zone". If the speed limit is never reduced to 25 mph or less, the street is not in an active school zone and the rules don't apply even if there are signs.
- **How can I be sure if I am in a place where I can legally use my cell phone?** If you are unsure, don't use your cell phone! Pull over, stop, and use your cell phone when you are not driving.



*Reviewed by the Municipality of Anchorage Legal Department*

*If you have additional questions, your Assembly Member's contact information may be found at [www.Muni.org/Assembly](http://www.Muni.org/Assembly).*

# ASD COMMUNICATION

**Note: Always check your email and text messages**

**Anchorage School District: [ASD Homepage](#)**

**Northern Lights ABC School: [NLABC Homepage](#)**

**Northern Lights ABC Facebook: [NLABC Official Facebook](#)**

## ASD Statement of Nondiscrimination

The Board is committed to an environment of nondiscrimination on the basis of race, color, religion, sex, age, national origin, economic status, union affiliation, disability, and other human differences. No person shall be excluded from participation in, or denied the benefits of, any academic or extracurricular program or educational opportunity or service offered by the District. The District will comply with the applicable statutes, regulations, and executive orders adopted by Federal, State and Municipal agencies. The District notes the concurrent applicability of the Individuals with Disabilities Education Act, Title II of the Americans with Disabilities Act, and the relevant disability provisions of Alaska law. Any student or employee who violates this policy will be subject to appropriate disciplinary action. Inquiries or complaints may be addressed to ASD's Equity/Compliance Director, who also serves as the Title IX and ADA Coordinator, ASD Education Center, 5530 E. Northern Lights Blvd, Anchorage, AK 99504-3135 (907) 742-4132, EEO@asdk12.org., or to any of the following external agencies: Alaska State Commission for Human Rights, Anchorage Equal Rights Commission, Equal Employment Opportunity Commission, or the Office for Civil Rights-U.S. Department of Education. REVISED: 8/2007, 8/2012, 5/2013, 7/2014, 3/2017, 9/2017, 7/2019 www.asdk12.org Early Intervention Services Center Anchorage School District 5530 E. Northern Lights Blvd. Anchorage, AK 99504 907-742-2657 Revised 9/6/19

- **[0410 Nondiscrimination in District Programs and Activities](#)**

The School Board is committed to equal opportunity for all individuals in education. District programs and activities shall be free from discrimination based on sex, race, color, religion, gender identity, sexual orientation, national origin, ancestry, age, marital status, changes in marital status, pregnancy, parenthood, physical or mental disability, Vietnam era veteran status, genetic information, good faith reporting to the board on a matter of public concern, or any other unlawful consideration. The Board shall promote programs which ensure that discriminatory practices are eliminated in all District activities.

# Character Building Blocks



Friendship Responsibility

Respect Perseverance

Patriotism Generosity

Compassion Tolerance

Courage Honesty

Self-Discipline Humility

Self-Confidence Work

Independence Helpfulness

Sportsmanship Loyalty

## March 2022

HUMILITY- Modesty, Not Arrogant, Not feeling better than others

SELF-CONFIDENCE- Self-Trust, Calm Inner Strength, Self-Esteem

## April 2022

SELF-DISCIPLINE- Will power, Restraint, Self-Control

INDEPENDENCE- Freedom, Self-Sufficiency, Self-Reliance

