

Dear Parent(s)/Guardians,

Dimond HS will be teaching the **Alaska Safe Children's Act/ Personal Safety** lessons during homeroom on September 22nd and 29th, January 26th, and February 9th. **Students will not miss any class time for these meaningful lessons.** Teachers will present age-appropriate lessons about personal body safety in a non-threatening way, along with the skills needed for self-protection. The focus of the lessons will be to empower students with the information and skills to protect themselves and seek help from the physical, psychological and emotional harm that can occur from abusive situations and is part of the Anchorage School District's plan to enact the [Alaska Safe Children's Act](#) and will be handled in a sensitive, respectful manner.

ASD Prevention Tools

- **Climate** – Creating a safe and respectful learning environment, which is well managed, supportive, and engaging with active participation.
- **Direct instruction** – Using a variety of evidence based curricula and programs to deliberately teach about risk factors and healthy relationship skills.
- **Infusion** – Integrating social and emotional learning skills throughout the day and in all curriculum areas through modeling of instructional practices that promote SEL skill practice and maximize learning.
- **At home and community supports** – Developing awareness about available supports and resources outside of the school day.

The Alaska Department of Education and Early Development ([DEED](#)) [developed curriculum](#) is comprised of three separate age and developmentally appropriate bands for grades 7/8, 9/10 and 11/12. Each grade band contains 5 modules and is designed to help prevent childhood sexual abuse and teen dating abuse.

The five modules for each grade are organized around the following topics:

- Module 1: Defining Healthy Relationships (Taught on 9/22)
- Module 2: Building Healthy Relationships (Taught on 9/29)
- Module 3: Defining Unhealthy Relationships (Taught on 1/26)
- Module 4: Warning Signs (Taught on 2/9)
- Module 5: Help and Support (Also taught on 2/9)

Module information and scripts can be viewed [HERE](#).

https://drive.google.com/drive/folders/1fZtRoMEHIcmU4gDE7i3AeJ_8P6Kliz_I?usp=sharing

If you have any questions about the content of the program or if you wish to inquire about opting out, please contact your child's teacher or the school office.

Thank you for partnering with us as we continue to provide learning opportunities to improve the safety and well being of our students.

Sincerely,

Dimond High School Administration