

**Rogers Park Elementary  
Lunch (Regular), October - 2022**

<b>3 Monday</b>	<b>4 Tuesday</b>	<b>5 Wednesday</b>	<b>6 Thursday</b>	<b>7 Friday</b>
<b>ENTREES</b> Southwest Queso Cheesy Pull Aparts  <b>VEGETABLES</b> Tater Tots  <b>FRUITS</b> Fresh Apple	<b>ENTREES</b> Hamburger w/ Baked Beans  <b>GRAINS</b> Hamburger Bun  <b>FRUITS</b> Fresh Orange	<b>ENTREES</b> Chicken Patty - Formed w/ Mixed Vegetables  <b>GRAINS</b> Hamburger Bun  <b>FRUITS</b> Fresh Banana	<b>ENTREES</b> Pizza, Cheesy French Bread (60ct)  <b>VEGETABLES</b> Broccoli w/ Applesauce Carrots w/ Applesauce	<b>ENTREES</b> Creamy Chicken & Pasta w/ Broccoli  <b>FRUITS</b> Frozen Lemon Berry Cup
<b>10 Monday</b>	<b>11 Tuesday</b>	<b>12 Wednesday</b>	<b>13 Thursday</b>	<b>14 Friday</b>
<b>ENTREES</b> Cheese Omelet w/ Tater Tots  <b>GRAINS</b> Mini Maple Waffles  <b>FRUITS</b> Fresh Apple	<b>ENTREES</b> Hamburger w/ Baked Beans Hot Dog w/ Baked Beans  <b>GRAINS</b> Hamburger Bun Hot Dog Bun  <b>FRUITS</b> Fresh Orange	<b>ENTREES</b> Bean & Cheese Burrito w/ Carrots  <b>FRUITS</b> Fresh Banana	<b>ENTREES</b> Stuffed Pepperoni Sandwich  <b>VEGETABLES</b> Broccoli w/ Peaches	<b>ENTREES</b> Pasta & Meat Sauce w/ Green Beans  <b>FRUITS</b> Frozen Mixed Berry Cup
<b>17 Monday</b>	<b>18 Tuesday</b>	<b>19 Wednesday</b>	<b>20 Thursday</b>	<b>21 Friday</b>
<b>ENTREES</b> Cheese Bites w/Broccoli  <b>FRUITS</b> Fresh Apple	<b>ENTREES</b> Beef Nachos w/ Fiesta Black Beans  <b>GRAINS</b> Tortilla Chips  <b>FRUITS</b> Fresh Orange	<b>ENTREES</b> Chicken Drumstick w/ Mashed Potatoes  <b>GRAINS</b> Dinner Roll  <b>FRUITS</b> Fresh Banana	<b>ENTREES</b> Pizza, Cheesy French Bread (60ct)  <b>FRUITS</b> Carrots w/ Mixed Fruit  <b>VEGETABLES</b> Broccoli w/ Mixed Fruit	
<b>24 Monday</b>	<b>25 Tuesday</b>	<b>26 Wednesday</b>	<b>27 Thursday</b>	<b>28 Friday</b>
<b>ENTREES</b> Creamy Mac and Cheese w/ Green Beans  <b>FRUITS</b> Fresh Apple	<b>ENTREES</b> Chicken Taco w/ Black Beans  <b>GRAINS</b> Flour Tortilla  <b>FRUITS</b> Fresh Orange	<b>ENTREES</b> Popcorn Chicken w/ Carrots  <b>FRUITS</b> Fresh Banana	<b>ENTREES</b> Stuffed Pepperoni Sandwich  <b>VEGETABLES</b> Tater Tots  <b>FRUITS</b> Diced Pear Cup	
<b>31 Monday</b>				

This institution is an equal opportunity provider.