AV Repair Specialist/Truck Driver
Physical Demands Level: MEDIUM

This position requires the successful applicant to be able to routinely perform a number of heavy physical tasks which the Anchorage School District needs to know can be performed by the applicant safely. The applicant must be able to perform the following tasks while demonstrating safe body mechanics.

**Job Specific Task I – Simulates loading and unloading Lexmark 760, 105 lbs., printer**

**Equipment Used:** HP Laser Jet 3380 (35 lbs w/17 pounds added)

**Description of Task Simulation 1:**
- A) Candidate will lift printer from floor to top of cart
- B) Candidate will return printer from top of cart back to floor.

Repetitions: 1

**Job Specific Task II – Simulates replacing laptop shroud on computer**

**Equipment Used:** Laptop computer, hand tools

**Description of Task Simulation 2:** Candidate will replace shroud on laptop

Repetitions: 1

**Job Specific Task III – Simulates pushing a cart loaded with AV items which need to be repaired**

**Equipment Used:** Cart loaded with 245 lbs.

**Description of Task Simulation 3:**
- A. Candidate will push cart loaded with 245 lbs. (23 lbs. of force) a total distance of 250 ft. x 3 laps. This task will be completed in 3:45 (average of 1:15 per lap)
  
  Technician will prompt the candidate if the pace is slower than 1:15 per lap. Not capable: The candidate will fail this task if unable to complete step A in under 3:35.
- B. After the 3rd lap, candidate will pull the cart up the ramp (ramp is positioned on the 1st step of the portable stair set).
  
  Candidate will pull cart up backwards sufficiently so that the wheel of the cart abuts the step. They will then push the cart back down the ramp safely and in control. Capable Criteria: the wheel abuts the first step safely and the cart is moved smoothly.

Repetitions: 1

**Job Specific Task IV – Simulates bolting and unbolting hardware of AV equipment which is located overhead using ladders**

**Equipment Used:** 8 foot step ladder, lift station, upper extremity VALPAR 4 ROM box (bolt box) set on highest (74.5”) shelf

**Description of Task Simulation 4:**
- A) Candidate will lift the step ladder and carry it one lap around the gym (approx. 250 feet).
- B) Candidate will unfold step ladder, set in front of lift station, climb 2-3 rungs of ladder.
- C) Candidate will unscrew, by hand, three bolts, setting them next to the VALPAR 4 and will retighten them by hand. Upon completing this task, candidate will step off ladder.

Repetitions: 1