



Mears Middle School

Panther Pride News

Respect, Responsibility, Creativity, and Academic Excellence

Friday, January 17, 2020

Student Safety First



Throughout this week, students and staff at Mears have practiced a series of safety drills designed to help ensure safety for all in the event of an emergency. Pictured here are students in Ms. Holly Roberts class engaged in a duck, cover, and hold exercise. The school also practiced evacuation protocols and lockdown procedures. Special thanks goes out to Assistant Principal, Mike Scott, who did an exceptional job leading the activities.

Practice Makes Perfect



On Tuesday morning, students and staff at Mears practiced an evacuation drill. Even in the cold weather it is essential that Mears is prepared for an emergency. The drill reminds us all of the importance of making sure our students are appropriately dressed for the winter cold.

Team Competition Weekend Clothing Drive



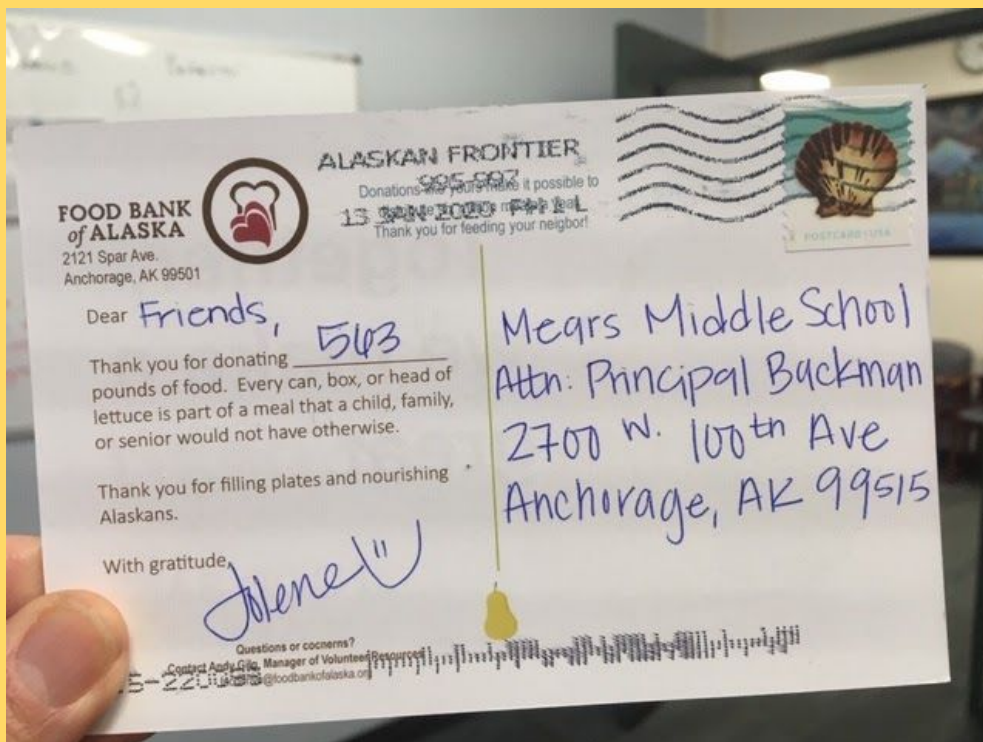
Mears Teams are competing to see who can donate the most socks, hats, and gloves. The clothing drive ends this Tuesday, Jan. 21 at the end of the school day. The team with the most donations will win a donut party for all students. Also, for students who bring a hat to donate, they can wear a hat during the school day.

Battle of the Books



Mears has eight students competing this year in ASD's annual Battle of the Books Competition. Participating students across the district are reading ten books that will be the focus of the competition. Special thanks to Mears' amazing librarian, Ms. Heather Fleming, who is pictured here during a lunch time meeting with Mears super readers.

Mears Supports Food Bank Effort



Thanks to Mears Service Learning students, the school's food drive, held in November, was a huge success. 563 pounds of food was donated by the school in gift baskets for Thanksgiving. Mears is very proud of its students who participate in acts of selfless giving and community service.

SAB Promotes School Unity



The Mears Student Advisory Board are working on planning a series of activities this semester that are focused on promoting inclusivity and school unity. SAB is a fantastic group of young people who are working hard to build leadership skills and make a positive difference at Mears.

Students Help Run Cafe Operations



The Black Cat Cafe, which is operated by the PTSA, is Mears' highly successful school store. Beginning this month, a new cohort of students have started their training in order to help with operations. Students are learning valuable skills in business management and customer service.

Stay Informed/Get Involved

Mears Teachers and Staff

Tues 1/21 - 7:15am MLT Mtg - Office Conference Room

Wed 1/22 - Mears/PTSA Vaping Education Presentation - Mears Library, 6:30-8:00pm

Thurs 1/23 - 8am Team Leadership Mtg - Hanshew MS

Fri 1/24 - 8:15am Geo Bee - MPR

Fri 1/24 - 5:30pm CC Ski Meet @ Kincaid

Mears Parents and Guardians

Wed 1/22 - 6:30 - 8:00pm - PTSA Sponsored Parent Informational Night - Vaping

Fri 1/24 - 8:15am Geo Bee - MPR

Fri 1/24 - 5:30pm CC Ski Meet @ Kincaid

SPORTS....

NYO - Now accepting paperwork - Practice begins Feb 3.

**Last day to sign up for Basketball and Archery is Friday, January 17th.
CCSki is closed!!**

See Mrs. Daniels in the office if you have any questions regarding paperwork and/or payment.

Note: All after school sports practices begin at 3:00 and all meets will begin at 5:00 pm due to bussing constraints.

Job Opportunity: Parents are Perfect



ASD currently has several food service positions open at various schools throughout the district. Substitutes are also needed in many school cafeterias to assist with preparing food, and serving breakfast & lunch to students. Hours are perfect for parents: part-time and flexible. Fill out an application at the ASD Building at 5530 East Northern Lights Blvd at the Boniface Mall or go to www.asdk12.org. For more information call Susan at 348-5185.

⇐Backman Recommends⇒

Mears Families,

On Wednesday, January 22, Mears Middle School and the PTSA are co-hosting a Community Education Night which is focused on the youth health crisis of vaping.

All community members are invited to attend this important educational event, especially Mears students. Below is an excerpt from a recent *Newsweek* article about the vaping crisis and its impact on middle and high school-age youth. --Eric

“More than 5 million young people reported using e-cigarettes in 2019, according to the annual National Youth Tobacco Survey released Wednesday by the Food and Drug Administration (FDA) and Centers for Disease Control and Prevention (CDC).

That's up from 3.6 million in 2018. Nearly 1 million youth reported vaping daily, while 1.6 million said they vaped "frequently" on 20 or more days per month.

More than 27 percent of high school students and 10.5 percent of middle school students used e-cigarettes in 2019—placing them at risk for inhibited brain development and future cigarette smoking, according to the joint report. --Newsweek Magazine, “Youth Vaping Spikes Again,” Nov. 6, 2019

[Youth Vaping Spiked Again](#)



Mears Middle School Anchorage, AK

PTSA

PARENT FAMILY ENGAGEMENT NIGHT

Wednesday, January 22, 6:30-8:00pm, Mears Library

Topic: Vaping Prevention and Student Health



Special Guest Speaker:

Shanice Roache is a Health Promotions Coordinator at American Lung Association in Alaska. Her main role as a community coordinator is to identify public spaces in Anchorage and work with them to create smoke free policies. Ms. Roache finished her Masters of Public Health at Tulane University in May 2018 where she specialized in Maternal and Child Health.

Memory Book online ordering www.ybpay.com

NEW this year you can personalize the memory book with your students name. Its an additional \$5. Make checks payable to Mears PTSA or pay with a credit card online.

Ways to support Mears without spending any additional money.

Shutterfly - <http://mearsptsa.shutterflystorefront.com/> Coupon books have been given to all students and extras can be found in the main office.

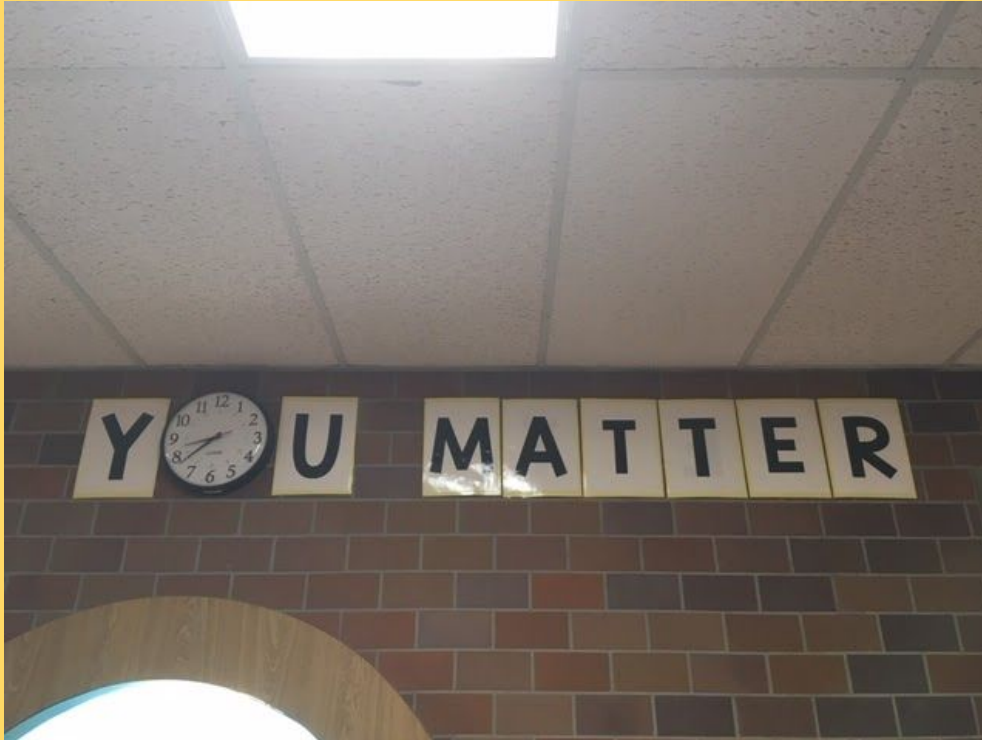
Amazon- <https://smile.amazon.com/ch/92-0138999>

Fred Meyers- <https://www.fredmeyer.com/topic/community-rewards-4> Mears Code
We currently have 8 family members participating.

For more information about Mears PTSA visit:

<https://mearsptsa.membershiptoolkit.com/home>

At Mears, Every Student Matters



Mears Middle School Mission

Through teamwork and cooperation, all students become partners in their own educational progress, fostering self-respect, responsibility and integrity.

[Mears Middle School Website](#)