

# Planning for Freshman Year

9th graders - Class of 2029



**EAGLE RIVER HIGH SCHOOL**

# INTRODUCTION

- WHO WE ARE
  - Ms. LARET A-F
  - Ms. WALL G-O
  - Ms. RAWLINGS P-Z
- WHAT WE DO
- TODAY
  - GRADUATION REQUIREMENTS
  - COURSE REQUESTS
  - ELECTIVES
  - ACTIVITIES & CLUBS



# Highlights & FAQ

## WHAT WE DO IN THE COUNSELING DEPARTMENT

- Academic, Social/Emotional, and Post-Secondary Planning

## ERHS MISSION

- Community Excellence Respect

## MASCOT

- Wolf

## SCHOOL COLORS

- GRAY AND NAVY BLUE

## CELL PHONE POLICY

- Phones are permitted in class at the teacher's discretion. Currently, phones are allowed before and after school, as well as during lunch. This policy is under review and may be updated.

## LUNCH

- Open campus, talk to your parents about their expectations.
- Our cafeteria has a variety of lunch options.

## LOCKERS

- Will be assigned randomly throughout the school.
- You will have your own locker.
- Backpacks must remain in locker during the day.



# GRADUATION REQUIREMENTS

4 YEARS TO GO, BUT YOUR *FRESHMAN* YEAR COUNTS!!!

Subject	Credits Required
Language Arts	4 credits (8 semesters)
Social Studies	4 credits (8 semesters)
Mathematics	3 credits (6 semesters)
Sciences	3 credits (6 semesters)
PE/Health	1 ½ credits (3 semesters)
Electives	7 credits (14 semesters)
<b>Total</b>	<b>22 ½ credits</b>



 You can view your unofficial transcript through Q/parent/student connect.

# TRANSCRIPT

Student Name/Address/Phone		Student ID	Gender
[REDACTED]		[REDACTED]	[REDACTED]
[REDACTED]		Date of Birth	[REDACTED]
[REDACTED]		State Student ID	[REDACTED]
Parent/Guardian		Place of Birth	
[REDACTED]		[REDACTED]	
Issued To		Print Date	
[REDACTED]		02/21/2024	
[REDACTED]		1 of 1	



**Anchorage School District**  
**Transcript with Graduation Requirements**  
 Eagle River High School 907-742-2700  
 8701 Wolf Den Dr  
 Eagle River, AK 99577

Entry Date	Counselor	Term Ending	Class of	Grade
[REDACTED]	Rawlings, Stephanie	12/22/2023	2027	9
Exit Date	Exit Reason	Grad Date	Diploma Type	

GPA Type	GPA	Cred Award	Class Rank
Unweighted HS GPA	3.50	3.00	67 of 216
Weighted HS GPA	3.50	3.00	67 of 216
Total Grad Credits Earned		3.00	

GPA  
 Unweighted  
 Weighted

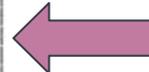
CREDITS EARNED

GRADUATION REQUIREMENTS

Subject	Yr	Course	Mrk	Credits	Graduation Requirements	Short	Req	Cmp
<b>Language Arts</b>					<b>ASD Grad Req 2014-Current</b>			
S01	24	English I-1	B	0.50	English I	.50	1.00	0.50
		Weighted HS GP	3.00 Credits	0.50	English II	1.00	1.00	
					English III	1.00	1.00	
<b>Mathematics</b>								
S02	24	Algebra I S1	B	0.50	LA Elective	1.00	1.00	
		Weighted HS GP	3.00 Credits	0.50	World History	1.00	1.00	
					United States History	1.00	1.00	
<b>Science</b>								
S03	24	Biology I-1	A	0.50	Alaska Studies	.50	0.50	0.50
		Weighted HS GP	4.00 Credits	0.50	Economics	.50	0.50	
					United States Government	.50	0.50	
<b>Social Studies</b>								
S04	24	Alaska Studies	A	0.50	Social Studies Elective	.50	0.50	
		Weighted HS GP	4.00 Credits	0.50	Algebra	.50	1.00	0.50
					Mathematics Elective	2.00	2.00	
<b>Physical/Health Education</b>								
S05	24	Cross Training	B	0.50	Life Science	.50	1.00	0.50
		Weighted HS GP	3.00 Credits	0.50	Physical Science	1.00	1.00	
					Science Elective	1.00	1.00	
<b>Elective</b>								
S06	24	Peer Leadership	A	0.50	Physical Education Elective	1.00	1.50	0.50
		Weighted HS GP	4.00 Credits	0.50	General Elective	6.50	7.00	0.50
					Total Required Credits	19.50	22.50	3.00
<b>Attendance Summary</b>					Sch Yr	DaysEnr	DaysAbs	
					Grade 9	2024	114.00	7.34
<b>High School Course Key:</b>								
<b>Work in Progress</b>					Entry	Exit		
Eagle River High School					Grd 9			
0120	English I-2	01/06/2024	05/22/2024					
1362	Algebra I S2	01/06/2024	05/22/2024					
2232	Biology I-2	01/06/2024	05/22/2024					
3470	Ancient Civilizations	01/06/2024	05/22/2024					
5155	Pottery	01/06/2024	05/22/2024					
6460	Weight Training, Basic	01/06/2024	05/22/2024					
<b>High School Grading Key:</b>								

COMPLETED COURSES

WORK IN PROGRESS



## Eagle River High School Credit Tracker

Write the grade earned for each class in its corresponding box. Each box is worth .5 (semester) credit.

### English – 4 credits required

Eng I      Eng II      Eng III (or AP)      Eng IV (or AP/Eng elective)


### Math – 3 credits required

Algebra      Math Elective      Math Elective


### Science – 3 credits required

Physical Sci      Life Sci      Sci Elective


### Social Studies – 4 credits required

AK/Soc Elective      World Hist      US Hist.      US Gov/Econ


### PE – 1.5 credits required

\*Each season of a school sport gives a .25 PE Waiver. Two PE waivers are needed to check off one .5 credit box. If PE waivers are used, the same number of boxes will need to be added in the elective rows. PE waivers do not grant credit, but rather waive the PE requirement.

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### Elective – 7 credits required

If you take more than the required credits for Eng, math, sci, soc, or PE, add those credits to the elective boxes.


22.5 total credits are required for graduation



[Online form available here](#)

Class of 2024 & Beyond

# ALASKA PERFORMANCE SCHOLARSHIP CHECKLIST



To receive the APS and other forms of financial aid, students must complete the FAFSA (Free Application for Federal Student Aid) by **June 30th** of each year. **Visit [studentaid.gov](http://studentaid.gov)**

## REQUIRED CURRICULUM

Contact your counselor for information about APS courses. Approved courses may also be available through resources such as the University of Alaska or others. Eligibility is determined based upon courses with a letter grade reflected on your official high school transcript.

Choose from option A, B, or C (curriculum options apply for all APS award levels)

### Curriculum Option A

1	
2	
3	substitution
4	substitution
<b>Math</b>	
1	
2	
3	
4	substitution
<b>Language Arts</b>	
1	
2	
3	
4	substitution
<b>Social Studies</b>	
1	
2	
3	substitution
4	substitution

### Curriculum Option B

1	
2	
3	substitution
<b>Math</b>	
1	
2	
3	substitution
<b>Language Arts</b>	
1	
2	
3	
4	substitution
<b>Social Studies</b>	
1	
2	
3	
4	substitution
<b>Other</b>	
2 credits	FROM THE SAME SUBJECT: World Language, Alaska Native Language, Fine Arts, Cultural Heritage, or CTE (1 year of which includes 2 semesters of sequentially more rigorous content within a career cluster)

### Curriculum Option C

1	
2	
3	substitution
<b>Math</b>	
1	
2	
3	substitution
<b>Language Arts</b>	
1	
2	
3	
4	substitution
<b>Social Studies</b>	
1	
2	
3	
4	substitution
<b>Other</b>	
2 credits	FROM ANY SUBJECTS: World Language, Alaska Native Language, Fine Arts, or Cultural Heritage

**NOTE:** Highlighted sections above reflect additional course substitutions within each Curriculum Option. For example, in Curriculum Option A, two (2) Science credits may be substituted with 2 credits/years of rigorous additional non-standard Science course(s).

## REQUIRED GPA -OR- TEST SCORE

	LEVEL 1	LEVEL 2	LEVEL 3
Maximum Award	UP TO <b>\$7,000</b> PER YR	UP TO <b>\$5,250</b> PER YR	UP TO <b>\$3,500</b> PER YR
GPA	<input type="checkbox"/> 3.5 OR GREATER	<input type="checkbox"/> 3.0 OR GREATER	<input type="checkbox"/> 2.5 OR GREATER
-OR-			
Test Score	<input type="checkbox"/> ACT..... 25 <input type="checkbox"/> SAT..... 1210 <input type="checkbox"/> WorkKeys.. 18 <small>PLATINUM (no score below 6)</small>	<input type="checkbox"/> ACT..... 23 <input type="checkbox"/> SAT..... 1130 <input type="checkbox"/> WorkKeys.. 15 <small>GOLD (no score below 5)</small>	<input type="checkbox"/> ACT..... 21 <input type="checkbox"/> SAT..... 1060 <input type="checkbox"/> WorkKeys.. 12 <small>SILVER (no score below 4)</small>

**NOTE:** Receive a qualifying score from **one** of the following tests: ACT, SAT, or WorkKeys

# ALASKA PERFORMANCE SCHOLARSHIP

- Up to \$28,000!
- Great Plan A or B
- Available for 8 years after graduation
- No competition - you only need to complete eligibility requirements and the FAFSA to earn the scholarship
- Qualify by completing required classes and earning a high enough GPA or test score
- Can be used at universities and many technical and training programs in Alaska ([see list here!](#))
- More information can be found [here](#)



Questions? Visit [aps.alaska.gov](http://aps.alaska.gov)

ACPE APS Checklist | 800-441-2962 | rev. 8/2024

# ACTIVITIES/SPORTS

SPORTS	CLUBS
Football	Art Club
Girls Flag Football	Battle of the Books
Cheerleading	Board Game Club
Tennis	Campus Life
Cross Country Running	Chess Club
Girls Volleyball	Culture Connections
Girls Gymnastics	Drama/Debate/Forensics
Swimming and Diving	Dungeons and Dragons
Riflery	Green Club
Wrestling	Model UN
Bowling	National Honor Society
Hockey	National Ocean Science Bowl
Nordic Skiing	Partners Cub
Basketball	Spanish Club
Soccer	YANA (You Are Not Alone)
Girls Softball	Young Life
Baseball	World Language Declamation
Track and Field	

- LOTS OF INTERESTS, LOTS OF OPPORTUNITIES!
- NEED TO HAVE A 2.0 GPA AND PASSING 5 CLASSES TO BE ELIGIBLE FOR SPORTS

# BELL SCHEDULE



## ERHS Daily Bell Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 9:45 - 10:30	Period 1 8:45 - 10:08	Period 2 8:45 - 10:08	Period 1 8:45 - 10:08	Period 1 8:45 - 9:40
Period 2 10:36 - 11:19				Period 2 9:46 - 10:39
Period 3 11:25 - 12:08	Period 2 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:45 - 11:38
Lunch 12:08 - 12:48	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:38 - 12:18
Period 4 12:54 - 1:37	Period 4 12:23 - 1:46	Period 5 12:23 - 1:46	Period 4 12:23 - 1:46	Period 4 12:24 - 1:17
Period 5 1:43 - 2:26				Period 5 1:23 - 2:16
Period 6 2:32 - 3:15	Period 5 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 2:22 - 3:15

# Freshman Schedule 2025-26

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- Student schedules will be viewable through student and parent connect in August (watch your email from more information on exact dates)

<b>9th Grade Required Course List</b>	
<b>1</b>	<b>Math</b>
<b>2</b>	<b>Science</b>
<b>3</b>	<b>English Language Arts</b>
<b>4</b>	<b>Alaska Studies / College &amp; Career Exploration + Personal Finance</b>
<b>5</b>	<b>Elective</b>
<b>6</b>	<b>Elective</b>

# COURSE REQUEST FORM

[Link here](#)

## Eagle River High School Freshmen 2025-2026

(Print Last Name)

Name: \_\_\_\_\_ Student ID#: \_\_\_\_\_

### LANGUAGE ARTS

Full-year courses (circle choice) English I  
Honors English I

### SOCIAL STUDIES

Semester courses (automatic enrollment in both semester courses for all freshmen)  
Alaska Studies  
College & Career Exploration + Personal Finance

### MATH

Full-year courses (circle choice) Survey of Algebra – H1326  
Algebra I – H1352  
Algebra II – H1377  
Geometry – H1502  
AP Pre-Calculus – H1664

### SCIENCE

Full-year course (automatic enrollment for all freshmen)  
Biology I

Notes: \_\_\_\_\_

Post-Secondary Plans: \_\_\_\_\_

College/Tech School: \_\_\_\_\_ Major/Job Goal: \_\_\_\_\_

**\*\* Q/StudentConnect course request window open: March 3 – 21 \*\***

NOTE: Core classes (this side of form) are entered into Q by counselors, based on teacher recommendation. Students are responsible for entering elective choices (back of form) into Q/StudentConnect before March 21<sup>st</sup>. See your middle school counselor with any questions about teacher recommendations.

## 2025-2026 ERHS Elective List (9<sup>th</sup> grade)

Freshmen will have four (4) core classes (front of this form) and two (2) electives each semester. Please rank your elective choices here, in order of 1<sup>st</sup> choice through 6<sup>th</sup> choice, and more if possible. Take note whether classes are semester-long or year-long. (Semester-long electives require more back-up choices.)

### ART

Art I – H5309 \*  
Pottery – H5155 ~

### MISCELLANEOUS

Peer Leadership – H7030 ~  
Student Govt – H9701 \*  
(by M.S. Counselor recommendation)  
Yearbook – H9671 \*

### CAREER & TECHNOLOGY ED (CTE) \*

Project Lead the Way  
ERHS Engineering School-within-a-school  
PLTW Engineering Essentials – H8932  
PLTW Computer Science Essentials – H8934

### AIR FORCE JROTC

AFJROTC I – H9752 \*

Food Preparation (1<sup>st</sup> sem) – H8316  
Culinary & Hospitality (2<sup>nd</sup> sem) – H8514

### PHYSICAL ED/HEALTH (semester courses)

Adventure 101 – H6306  
Peer Tutor Fitness – H6305  
Recreational Games – H6665  
Team Sports – H6021  
Volleyball – H6440  
Weight Training – H6450  
Yoga – H6761

### MUSIC

Band II, Symphonic – H5631 \*  
Choir, Concert – H5531 \*  
Choir, Tenor/Bass – H5512 \*  
Music Keyboard – H5715 ~  
Music Theory I (1<sup>st</sup> sem) – H5720 ~  
Music Theory II (2<sup>nd</sup> sem) – H5721 ~  
Orchestra I, Preparatory – H5681 \*

### WORLD LANGUAGES \* (year-long courses)

German I – H4221  
German II – H4231  
German III – H4241

### KEY:

\* year-long course  
~ one semester class



**\*\* Q/StudentConnect course request window open: March 3 – 21 \*\***

NOTE: Core classes (front of form) are entered into Q by counselors, based on teacher recommendation. Students are responsible for entering elective choices (this side of form) into Q/StudentConnect before March 21<sup>st</sup>. See your middle school counselor with any questions about teacher recommendations.



Core classes will be based on  
8<sup>th</sup> grade teacher  
recommendations





# ONLINE COURSE REQUESTS

- STUDENTS WILL HAVE A 3 WEEK WINDOW TO MAKE AND CHANGE COURSE REQUESTS ONLINE:
  - **FRESHMEN C/O 2029: MAR 3RD – MAR 21ST**  
(INCOMING FRESHMAN WILL ONLY BE SELECTING ELECTIVES, CORE CLASS RECOMMENDATIONS WILL BE ADDED BY ERHS COUNSELORS AS SOON AS MIDDLE SCHOOL TEACHER RECOMMENDATIONS BECOME AVAILABLE.)
- **SCHEDULE REQUESTS MUST BE MADE BY STUDENTS THROUGH STUDENT CONNECT.**
- PARENTS MAY VIEW REQUESTS VIA PARENT CONNECT, BUT ALL CHANGES MUST BE MADE THROUGH STUDENT CONNECT.

# Online Course Requests - Directions

1. LOG INTO YOUR STUDENT CONNECTION ACCOUNT.
2. IF YOU HAVE TWO TRACKS, SELECT EAGLE RIVER 2025-2026 FOR YOUR MAIN SCHOOL.
3. SELECT THE "REQUESTS" TAB ON THE LEFT SIDE MENU.
4. CLICK THE "ADD/EDIT REQUESTS" ON THE TOP RIGHT SIDE OF THE SECTION.
5. WHEN A COURSE IS SELECTED, THERE WILL BE A COURSE DESCRIPTION TO THE RIGHT.  
(NOT ALL COURSES WILL HAVE A DESCRIPTION.)
6. SELECT THE COURSE THAT IS YOUR FIRST CHOICE, THEN CLICK "ADD SELECTED CLASS"  
(REMEMBER THAT THE ORDER YOU SELECT YOUR COURSES WILL DELEGATE THE PRIORITY OF YOUR CHOICES.)
7. CONTINUE WITH STEP 6 UNTIL YOU HAVE ENTERED ALL OF YOUR CHOICES IN ORDER THEN CLICK THE "SUBMIT" BUTTON AT THE TOP OF THE WINDOW.
8. YOU WILL ONLY BE ABLE TO MAKE CHANGES TO YOUR REQUESTS DURING THE OPEN REGISTRATION WINDOW, SHOWN ON PREVIOUS SLIDE.



# NEXT STEPS...



TAKE THE FORMS **HOME**,  
TALK WITH YOUR  
**PARENTS**, AND  
**COMPLETE REQUEST**



BRING PAPERS **BACK**  
**TO SCHOOL** AND GIVE  
TO YOUR **SCHOOL**  
**COUNSELOR** OR  
**TEACHER**.



COME TO  
**ORIENTATION NIGHT** AT  
**EAGLE RIVER HIGH**  
**SCHOOL**, WEDNESDAY.  
**MARCH 5<sup>TH</sup> AT 6:00 PM.**  
BRING YOUR  
COMPLETED FORM  
TO TURN IN



FROM MARCH 3<sup>rd</sup>-21<sup>st</sup>  
STUDENTS WILL BE ABLE  
TO ACCESS THEIR  
ELECTIVE REQUESTS  
THROUGH THEIR  
STUDENT CONNECT  
ACCOUNT.



CHECK OUT OUR  
**WEBSITE**  
[WWW.EAGLERIVERHIGH](http://WWW.EAGLERIVERHIGH.ASDK12.ORG)  
[.ASDK12.ORG](http://WWW.EAGLERIVERHIGH.ASDK12.ORG)

# Resources

YOU ARE NOT ALONE! THERE ARE PLENTY OF PEOPLE AND RESOURCES AVAILABLE TO HELP!

## EAGLE RIVER HIGH SCHOOL COUNSELORS

- (A-F) SALLY LARET  
907-742-2704 LARET\_SALLY@ASDK12.ORG
- (G-O) GINA WALL  
907-742-2712 WALL\_GINA@ASDK12.ORG
- (P-Z) STEPHANIE RAWLINGS  
907-742-2709 RAWLINGS\_STEPHANIE@ASDK12.ORG
- ERHS CURRICULUM OFFICE 907-742-2740

