

# COYOTE HOWLER

## Principal Zorea's Blog

Dear Kincaid Families,

November is a great time to reflect on what we are thankful for. I am certainly thankful that Kincaid is my school. I am thankful for our students, our staff and our PTA. Our PTA provides our families with community events that bring us all together. Our Fall Carnival that took place last week is evidence of the dedication you all have for this community. Thank you to our students who took time outside to roast a marshmallow and make a smore with me. They were delicious! I ate one too! I am thankful for the opportunity to roast a marshmallow with you.

Last weekend I was privileged to attend a leadership summit with two of our dedicated Kincaid teachers. These two teachers gave of their time on a weekend to grow as a leader in education. The summit was inspiring and nurtured our strengths. We were reminded to remember our WHY. Why are we in education? What is our purpose? Who are we committed to? My why is every student, every day, whatever it takes! I am here to serve Kincaid Elementary. This is my commitment statement to this community.

I promise to value every student every day.

I will create an environment that is kind, respectful and safe.

I will listen. I will hear. I will fight for what is right.

I will serve with compassion.

I will lead with integrity. I will lead with purpose.

I will lead with a servant's heart.

I will serve my community responsibly, lovingly, and passionately.

I will be hard working.

I will be present.

I am thankful to be surrounded by a staff that is here to serve, educate, and inspire their students every day. I enjoy nothing more than to walk the halls, visit classrooms, hang out in the lunch room and witness the nurturing, love, patience and compassion demonstrated by our staff. Thank you Kincaid Elementary!

Sincerely,

Wendy Zorea,

Principal

### Dates To Remember:

#### November 22-23:

No school, Thanksgiving Holiday

#### December 5<sup>th</sup>:

PTA Meeting 6:30pm

#### Dec 21-Jan 4:

No school, Winter Break

#### January 21:

No School, Martin Luther King Jr Holiday

#### February 18:

No School, Presidents Day

### School Business

#### Partners



# Nurses Notes:

## Winter Safety Tips

Winter is here and with the holidays comes ice and snow. Please make sure your child comes to school equipped with the right winter weather gear to enjoy their recess time. Boots, snow pants, an appropriate weight jacket, hat and gloves are all winter essentials. Students will be going out to recess sun or snow until it is -10 degrees.

Follow these basic tips to help your child enjoy and stay safe in the winter season:

\* Layer up!. Dress your child in several layers, and make sure their head, neck and hands are covered.

\* Check in on warmth. Before kids head outside, tell them to come inside if they get wet or if they're cold. Then keep watching them and checking in. They may want to continue playing outside even if they are wet or cold.

\* Use sunscreen. Children and adults can still get sunburned in the winter. Sun can reflect off the snow, so apply sunscreen to exposed areas.

\* Use caution around fires. Wood-burning stoves, fireplaces and outdoor fire-pits are cozy but can present danger – especially to small children. Use caution and put up protective gates when possible. If you've lost power or heat and are alternative heating methods like kerosene or electric heaters, be sure smoke detectors and carbon monoxide detectors are working.

\* Prevent nosebleeds. If your child suffers from minor winter nosebleeds, use a cold-air humidifier in their room. Saline nose drops can help keep their nose moist.

\* Keep them hydrated. In drier winter air kids lose more water through their breath. Offer plenty of water, and try giving them warm drinks and soup for extra appeal.

\* Watch for danger signs. Signs of frostbite are pale, grey or blistered skin on the fingers, ears, nose, and toes. If you think your child has frostbite bring the child indoors and put the affected area in warm (not hot) water. Signs of hypothermia are shivering, slurred speech, and unusual clumsiness. If you think your child has hypothermia call 9-1-1 immediately.



## Student Council:

Congratulations to the 2018-2019 Student Council Candidates. We had such an amazing group of leaders campaigning during this year's election. It takes a lot of courage and tenacity to deliver a speech to an audience of peers. All the candidates are highly qualified, motivated and exemplify the traits of a leader. We are so proud of them!

**President Candidates:**

Evan Hamey  
Justin Keller

**Vice President Candidates:**

Avrey Campbell  
Noah Reeves-iaea

**Secretary Candidates:**

Syreyz Bulaong  
Elaine Engle  
Annika Stock

**Treasurer Candidates:**

Rex Brimhall  
London Cristoffers  
Jack Keller  
Kinsey MacDonald  
Lindzey Selders  
Alex Stevens

**2018-2019 Elected Officers**

**President:** Evan Hamey

**Vice President:** Avrey Campbell

**Secretary:** Elaine Engle

**Treasurer:** Rex Brimhall

Officers will meet every Thursday at 8:00 in C117. Their first meeting is November 15. Classroom Representatives will meet the first and third Thursday of each month.



## **School News:**

**Attendance:** Please call the school at 245-5530 or email [kincaidattendance@asdk12.org](mailto:kincaidattendance@asdk12.org) if your student will be absent.

It is nice to let the teacher know about absences, but please always let the office know so we can mark your student appropriately.

### **Parent Drop off/Pick up: Please Remember**

- cars are not to be left unattended in the pick-up/ drop off lane
- Students are to load and unload on the passenger side only.
- Students are not to be dropped off on the grassy part, please wait until you are by the paved area.
- Please be courteous to other drivers.
- Please do not drop students off before 8:40am as there is no supervision
- Students who arrive before 8:50am need to report to their outdoor lines

### **SockTober:**

Our SockTober was a great success!! We collected and donated 2,552 pairs of socks. Thank You to everyone that donated socks....they will be put to great use!!

### **Anchorage School Board**

Starr Marsett -President

Deena Mitchell -Vice President

Elise Snelling -Treasurer

Alish Hilde -Clerk

Mark Foster-Member

Andy Holleman -Member

Dave Donley -Member

November 9, 2018

Kincaid Elementary School  
4900 Raspberry Road  
Anchorage, Alaska 99502

Dear Parent(s),

Kincaid Elementary School will be teaching the 2<sup>nd</sup> Quarter Personal Safety lessons during the Health classes. The age-appropriate lessons will be presented in a non-threatening way, along with the skills needed for self-protection. The lesson content is part of the Anchorage School District's plan to enact the Alaska Safe Children's Act and will be handled in a sensitive, respectful manner.

2 <sup>nd</sup> Quarter Lessons						
Kindergarten	1 <sup>st</sup> grade	2 <sup>nd</sup> grade	3 <sup>rd</sup> grade	4 <sup>th</sup> grade	5 <sup>th</sup> grade	6 <sup>th</sup> grade
<b>Literature</b>  <u>It's My Body</u> (Large orange book) <b>Or</b> <u>No Means No!</u>  <b>AND</b> No, Go, Tell coloring page	<b>Literature</b>  <u>Your Body</u> <u>Belongs to</u> <u>You</u>	<b>Literature</b>  <u>Do You</u> <u>Have a</u> <u>Secret?</u>	<b>Literature</b>  <u>The Right</u> <u>Touch</u>	<b>Literature</b>  <u>Talk About</u> <u>Touch</u>	<b>Literature</b>  <u>Cell Phoney</u> <b>Or</b> Netsmartz PowerPoint and activities	<b>Literature</b>  <u>The Kid</u> <u>Trapper!</u>

If you have any questions about the content of the program or if you wish to inquire about opting out, please contact the school office.

Thank you for partnering with us as we continue to provide learning opportunities to improve the safety and well-being of our students.

Sincerely,



Wendy Zorea  
Principal