<u>Dates To</u> Remember:

December 21-Jan <u>7th</u>- Winter Break

January 9th -PTA Meeting

January 21st-Martin Luther King Jr Holiday, No School

<u>February 18th</u>-Presidents Day, No School

<u>February 20-21st</u>-Parent Teacher Conferences, Half Day of school for Students.

<u>February 22nd</u>-No School for Students-Teacher Inservice Day

School Business Partners:

Tastee Freez



COUNTRY

Country Financial

Kaladi Brothers Coffee



The Kincaid Howler

Principal Zorea's Blog

Dear Kincaid Families,

It is not hard to be appreciative during the holiday season. Especially this year, as we just experienced a major earthquake that scared our students and our staff. As a community, Anchorage rallied together to support one another following the earthquake that impacted all of us. As a principal, I could not be more proud of the way Kincaid staff took immediate action to keep our students safe.

In August, our school developed an Emergency Action Plan. In the plan, staff members are placed on teams for first aid, search and rescue, communication, and student release in case we need to respond to an emergency. Immediately following the earthquake, our staff jumped right into the roles they had practice in theory. I have been working for the Anchorage School District for 23 three years and have never had to implement an emergency action plan due to a disaster like the one we experienced on November 30th.

Our immediate response was to "duck and cover." Once the ground settled, our staff, checked on the safety of the students in our building. We had a pipe burst and our BPO shut off the main water valve to prevent major water damage. Others searched the building for falling debris and to make sure our building was safe. Our students on busses arrived and were brought into the building, as it was determined to be safe. Shortly after, we smelled gas and needed to evacuate. Students remained with their classroom teachers until parents/guardians arrived. Students were moved to the empty school buses to keep warm. We maintained communication with ASD central through radio and phone, and our staff systematically and safely released our students into the care of their families. By 10:00 am, the majority of students had been picked up and we were given the all clear to enter the building. By 10:30 am, all but one student had been picked up. By 11:00 am, all students were safe with their families and our staff were finally released to go home to check on their own homes and families. Our staff did not have time to think much about their own homes or family members prior to dismissal, as their primary focus was on our students in our care.

It is the holiday season. It is a time to celebrate our traditions and to be thankful for our friends and our family. It is a time to support those in our community that might not be as fortunate as we are. This holiday season, I am thankful for the privilege to serve the Kincaid Elementary School Community.

Happy Holidays,

Wendy Zorea,

Principal

Nurse Notes:



MAKE HEALTH YOUR RESOLUTION

Healthy You: Make healthy food choices, be active, make an appointment for a check - up, vaccination, or screening. Know your numbers – weight, blood pressure, cholesterol. Wash your hands often. Be smoke free. Get enough sleep. Learn and practice a new health tip each week. Make a new friend.

Healthy Family: Plan to eat more meals together as a family. Encourage and support physical activity. Put together a family health history. Know where to go for health care in town if you do not have insurance. Keep pets vaccinated and healthy. Add a health related web site to your favorites list, and check weekly updates. Spend more time together. Be courteous and practice good manners.

Healthy Home: Go green. Reduce, reuse, and recycle. Install smoke alarms, and carbon monoxide alarms on every level. Keep cleaning products and medications away from children. Have a winter weather emergency plan, and stock your home and car with necessary supplies. Avoid carbon monoxide poisoning and hypothermia. Never use generators, grills, camp stoves, or similar devices indoors.

Healthy Community: Volunteer at your church, school, or one of the many community center s needing help or an extra hand. If you have received help from others, try to repeat the gesture. Extend a common courtesy wherever you are – they are always appreciated and hopefully duplicated.

Healthy Workplace: Stay home if you are sick. Wash your hands often, Participate in healthy workplace programs, Take steps to prevent job stress. Reduce work injuries and practice good body mechanics.

Have a Healthy New Year!





Student Council News

Kincaid is participating in a canned food drive for the Food Bank of Alaska from December 12-December 20. The class that brings in the most items will be celebrated with a root beer float party on Thursday,December 20. Canned produce, dried fruits, dried meats and beans, whole grains, canned proteins, peanut butter and powdered milks are the most needed items. Thank you for helping give back to our Alaskan Community! Your reps will count the cans each day and keep a tally of your classroom contributions. Just put your cans outside your door every morning and they will make sure to count and collect them when they are able. We have collected so much food that we filled up 12 large cans for the food shelf.

Below is a picture of two of the cans that we filled!! Kincaid Coyotes are the BEST!!!





<u>Anchorage School</u> <u>Board</u>

Starr Marsett - President

Deena Mitchell -Vice President

Elise Snelling -Treasurer

Alish Hilde -Clerk

Mark Foster -Member

Andy Holleman -Member

Dave Donley -Member

Some Cheerful Holiday Pictures!









Did you think you could?

Did you know you would?

Can you believe in all that you've done good?

We met our goal.

You went WAY beyond!

You blew it out of the water

You really blew off the lid





2,552

Pairs of socks were donated!

That's what you did!

That's 1,052 more than our previous best.

You've been amazing in our community helping quest!!

The Mission, AWAIC, and BEANS Café

Have a lot of happy toes

And smiles below their nose!

The Kincaid coyotes thank you for stepping in to help warm the feet!

Socktober 2018

