



Look at your credit check and find courses you need to take. Please write legibly, complete both a first and alternate choice. Grades 9-10 must have a class in each core area: math, science, language arts and social studies before selecting electives. Please enter a DIFFERENT schedule for your alternate schedule choices, wherever possible.

Student Name: _____

Parent Signature: _____

Date: _____ 2019-20 Grade: **9 10 11 12** Advisor: _____

Advisor Initials: _____ (credit check reviewed)

FIRST CHOICE SCHEDULE								Monday/Wednesday/Friday			
1		3		5		7					
8:15-9:40		9:45 - 11:10		11:50 - 1:15		1:20 - 2:45					
Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2				

FIRST CHOICE SCHEDULE								Tuesday/Thursday/Friday			
2		4		6		8					
8:15-9:40		9:45 - 11:10		11:50 - 1:15		1:20 - 2:45					
Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2	All Year					
						Advisory 6-12					

_____ I would like to participate in the 7:35 AM Chamber Music class, which meets daily all year.

ALTERNATE SCHEDULE								Monday/Wednesday/Friday			
1		3		5		7					
8:15-9:40		9:45 - 11:10		11:50 - 1:15		1:20 - 2:45					
Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2				

ALTERNATE SCHEDULE								Tuesday/Thursday/Friday			
2		4		6		8					
8:15-9:40		9:45 - 11:10		11:50 - 1:15		1:20 - 2:45					
Sem 1	Sem 2	Sem 1	Sem 2	Sem 1	Sem 2	All Year					
						Advisory 6-12					

KTHS REQUEST FOR 11th & 12th GRADERS

Interested students should see Susy before April 18 to request KTHS courses, space will be limited after that date. Bus transportation to/from KTHS is at approx. 7:30 am, 10:20 am and 1:40pm.

KTHS Classes take the place of 3-4 Polaris Classes. AM Session meets during Periods 1, 2, 3 & 4.

PM Session Meets during part of Period 3, and all of Periods 4, 5, and 6.

8a-10 AM OR 11:15a-1:15 PM (circle one or both)

3 Choices: _____, _____, _____

ASD iSCHOOL ONLINE COURSE REQUEST

Students must also fill out an ASD iSchool Course Request Form available from Susy or at <http://asdischool.asdk12.org/>.

Student's Email: _____

Course name: _____ with ASD iSchool

Study Hall Learning Lab Period _____ (required)

LEARNING LAB DETAILS

All students should plan one period for Learning Lab. During period _____, I plan to use my Learning Lab time for _____

OTHER RELEVANT DETAILS

LEARNING LAB MENU

Study Hall

This is a space to complete homework at school. The study hall environment is an independent learning opportunity and well suited for students with strong skills in self-direction and independence. One (but not more) study halls are recommended each semester.

Independent Study

A student works with a teacher to develop an independent class study, either in pursuit of interest or to meet graduation requirements. The teacher and student decide on the course content, evidence of learning, and achievement expectations. The student works independently through their course, and their supervising teacher provides periodic support. [Read more about the independent study process here.](#)

Learning Lab Supervisor

Responsible high school students who are self disciplined and interested in a leadership opportunity are invited to apply for a learning lab supervisor position. The supervisor would be responsible for maintaining a productive and quiet learning environment, checking electronic devices in and out of the “cell phone hotel,” and reporting absences to the front office.

Challenge Course

Students at Polaris can create and design curriculum for a course that they would like to work through. Students may follow a model that they have found at another school or institution, or they can create exactly the course that they are interested in taking. For example, students have planned scientific studies with field research, studied types of architecture of a region of nations, and read selections from a genre of literature and networked to find a literature circle in the community to discuss those works. Additionally, access to world class and free education online is constantly expanding. Consider these resources to get more ideas:

- <https://www.lynda.com/portal/sip?org=library.muni.org>
- <https://openstax.org/subjects> (Free textbooks)
- <https://www.edx.org/> (Free self-paced courses)
- <https://www.hoopladigital.com/>
- <https://www.khanacademy.org/>
- <http://www.openculture.com/freeonlinecourses>
- <https://adl.overdrive.com/>
- <https://muni.freegalmusic.com/homes/index>

Gifted Mentorship

The Gifted Mentorship Program is for exceptional high school juniors and seniors who are self disciplined and interested in pursuing an independent study under the direction of a professional/expert in a field of great interest to the student. The program is for high-ability, high-achieving students who have completed advanced coursework. The program gives motivated, mature high school students an idea of what it is like to work in a field of their interest by being teamed with a professional who acts as their mentor. Students spend 45-60 hours with their mentor and earn half an elective credit for the mentorship when they successfully complete several assignments, including a final project. [Read more about the gifted mentorship process here.](#)

CTE Internships

Internships in a CTE pathway are an exciting extension of the high school classroom into the workplace. They are an excellent way for students to employ their skills, gain real-world experience, build their resume, and earn high school credit at the same time. Students grow both personally and professionally, while contributing to the goals of the organization in which they are working.

CTE internships are open to high school Juniors and Seniors who:

Have completed 1 credit (2 semesters) in a CTE Pathway, related to the internship (ie BioTapp or KTHS Course), have a minimum of 3.0 GPA in all CTE courses completed, have 90% attendance at school, have reliable transportation to and from internship site and receive a CTE teacher recommendation and pass an interview. [Read more about CTE Internships here.](#)

Independent Capstone

The Polaris Capstone Project is a student-centered approach to instruction. Students form their own investigation of a guiding curiosity, to develop valuable research skills and new knowledge as they engage in design, problem solving, decision-making, creativity, and investigative activities. The teacher plays the role of facilitator, working with students to frame worthwhile questions, structuring meaningful tasks, coaching both knowledge development and weekly missions, and carefully assessing what students have learned from the experience. With this type of active and engaged learning, students will be inspired to obtain a deeper knowledge of the subjects they are curious about. A public exhibition is required in order to complete this class for credit.

Paint a Mural

The intent of Polaris public art is to reflect our diverse community. Murals are encouraged to be unique designs and styles. The artwork should be tasteful and transcend the boundaries of time. Make one! [Read more about the mural process here.](#)

Leadership Endorsement Work time

The Polaris Leadership Program is used to encourage, develop, and recognize the leadership efforts made by high school students during their time at Polaris. Through this program, students have the opportunity to gain hands-on experience in leadership through multiple avenues. Upon completion of the program, students will receive a graduation cord and endorsement at graduation. [Read more about this program here.](#)

Plan an Intensive or Peer Taught Course

Students create a quarter or semester long curriculum in conjunction with a teacher advisor and deliver that course. Students create a course syllabus, develop lesson plans and implement them working with the advisor to evaluate students and assign grades.

HIGH SCHOOL REQUIREMENTS

High school students need a minimum 22.5 credits to graduate.
Complete your Credit Checklist with your advisor.

Specific Requirements:

- Math: 3.0 Credits
based on placement, including completion of Algebra
- Language Arts 4 credits
.5 Intermediate Composition, .5 Comp Workshop
.5 World Literature, .5 American Literature, .5 Literature Elective
.5 Advanced Composition, and 1 LA Elective
- Science 3 credits,
1 Life and 1 Physical, and 1 Elective science
- Social Studies 4 credits
.5 Alaska Studies, .5 Social Studies elective, 1 World History, 1 US History,
.5 US Government, .5 Economics
- Health & PE 1.5 credits
1 ½ credits of Physical Education
- Elective 5 Credits
Plus 2 credits Advisory (.5 each year)

9 th Grade Typical Coursework				
Math Algebra Geometry Algebra 2	Language Arts Intermediate Composition American or World Lit.	Social Studies Ak Studies Social Studies Elective US or World History	Science Biology Geology Astronomy Science Electives: Projects, Natural Sci of AK, Climate, Forensic, Environ.	PE/ Fine Arts/ World Lang PE Band/Orch. Spanish 1 or 2 Art Drama
10 th Grade Typical Coursework				
Math Geometry Algebra 2	Language Arts Composition Workshop American or World Lit. Creative Writing	Social Studies US or World History AK Studies Social Studies Elective	Science Biology Chemistry Concept. Physics Science Electives	PE/ Fine Arts/ World Lang PE Band/Orch./Art Spanish Drama
11 th Grade Typical Coursework				
Math Algebra 2 AP Statistics AP Calculus	Language Arts Comp Workshop Creative Writing LA Elective Rhetoric Adv. Lit. Analysis	Social Studies US or World History AP History Economics Government	Science Chemistry AP Physics Marine Bio BioTaPP 1/2	PE/ Fine Arts/ World Lang PE Band/Orch/Art Drama Spanish
12 th Grade Typical Coursework				
Math Algebra 2 AP Calculus AP Statistics	Language Arts Writing A111 Rhetoric Adv. Lit Analysis Creative Writing LA Elective	Social Studies Economics Government AP History	Science AP Physics BioTaPP 1/2 Anatomy/Phys. Science Projects	PE/ Fine Arts/ World Lang PE Drama Band/Orch/Art Spanish



2019/20 Rotating Block Schedule

		Mondays and Wednesdays								
0	1	2	3	4	5	6	7			
7:35-8:10 All Year/daily	8:15-9:40		9:45 - 11:10		Lunch	11:50 - 1:15		1:20 - 2:45		
Advanced Chamber Music	Sem 1	Sem 2	Sem 1	Sem 2	Lunch	Sem 1	Sem 2	Sem 1	Sem 2	
	Writing A111+ double block		Digital Composition 9-12	Renaissance 7-12		Capstone 7-12	Intermediate Comp 9-10	World Lit 9-10	Rhetoric 11-12	Adv Lit Analysis 11-12
	Algebra I		American Lit 9-12	Debate 7-12		7/8 Language Arts	Yearbook 8-12	Creative Writing 8-12	Astronomy Universe 9-12	
	Geometry		Pre Algebra 1 7-8			Algebra II	Health 8			
	Astronomy Solar 9-12	Community Science 8-12	Physical 7-8	Earth 7-8		Pre Algebra 1 7-8	Math Support 7-10			
	Genetic Sci 7-8	Genetic Sci 7-8	Anatomy/physiology 10-12			Marine Bio 9-12	Dance 7-12	Chemistry 10-12		
	Chemical Sci 7-8	Chemical Sci 7-8	US Government 11-12	Alaska Studies 10		US History 10-12	Art 6-8	Art 6-8		
	7/8 Social Studies		7/8 Social Studies	Advanced Spanish (3/4/AP) 7-12			World History 9-12	Rec Games 6-9	Rec Games 6-9	
	Psychology 10-12		Economics 11-12			Draw/Design 7-8	Draw/Design 7-8	Yoga 6-12	Drama 6-12	
	Beginning Band or Orchestra 6-10		Spanish I 7-12			PE 7-10	PE 7-10		Photo & Design 6-9	
Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab		
Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12		

		Tuesdays and Thursdays								
0	1	2	3	4	5	6	7			
7:35-8:10 All Year/daily	8:15 - 9:40		9:45 - 11:10		Lunch	11:50 - 1:15		1:20 - 2:45		
Advanced Chamber Music	Sem 1	Sem 2	Sem 1	Sem 2	Lunch	Sem 1	Sem 2	All year		
	World Lit 9-10		Int Comp 9-10	7/8 Language Arts		7/8 Language Arts	7/8 Language Arts			
	Writing A111 Double Block		Comp WS 10-11			Pre Algebra 1 7-8	Geometry			
	Algebra 1		Physical Sci 7-8	Earth Sci 7-8		AP Statistics				
	Phenomenon (Science Projects) 9-12		Biology 9-12			BioTapp 10-12				
	Environmental 9-12	Nat Sci AK 9-12	AP Euro 9-12			Pre Algebra A/B 7-8				
	7/8 Language Arts		Alaska Studies 9-10	Africa Studies 9-12						
	Spanish I 7-12		7/8 Social Studies			7/8 Social Studies				
	Int/Adv Band 7-12		Spanish II 7-12			Painting 9-12	Ceramics 9-12			
	Int/Adv Orchestra 7-12					Sports Fitness 7-12	Sports Fitness 7-12			
Learning Lab	Learning Lab	Learning Lab	Learning Lab	Drama 7-12	Home Ec 7-12					
Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Learning Lab	Learning Lab	Learning Lab	Learning Lab	Learning Lab		
Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12	Peer Tutoring 7-12		

Advisory 6-12

Fridays						
0	1	2	3	4	Lunch	7
7:35-8:10	8:15-9:00	9:05-9:50	9:55-10:40	10:45-11:30	11:30-12:20	2:00-2:45