



Polaris 7th and 8th grade students will be scheduled to take Language Arts, Social Studies, Science and Math, plus electives. Please use the worksheet below to list your preferred elective classes.

Student Name: _____

Parent Signature: _____

Date: _____

Advisor: _____

2019-20 Grade: 7 8

Advisor Initials: _____

2018/19 MIDDLE SCHOOL ELECTIVE WORKSHEET

NEW: _____ I would like to participate in the **7:35 AM-8:10AM** Chamber Music class, which meets daily all year.

There are many new and exciting elective offerings for middle school students in 2019-20. Electives provide an opportunity to learn and explore new ideas as well as expand your skills and knowledge in areas of continued interest. **Once you have read through the course descriptions, list your choices.** Host teacher signature is required for Teacher's Aide.

Semester 1 PE and Electives	Semester 2 PE and Electives
_____	_____
(1st Choice)	(1st Choice)
_____	_____
(2nd Choice)	(2nd Choice)
_____	_____
(3rd Choice)	(3rd Choice)

Course Offerings: Pick 3 for each semester and list above in order of preference

<ul style="list-style-type: none"> Spanish 1 (year long class) → Beginning Orchestra (year long class) → Beginning Band (year long class) → Intermediate Orchestra (year long class) → Intermediate Band (year long class) → Physical Education (Sports Fitness or Rec Games) Yoga Art (Exploratory or Drawing/Design) European Renaissance (Humanities) Drama Peer Tutor Teacher's Aide Learning Lab (add details below) Yearbook (8th grade) 	<ul style="list-style-type: none"> Renaissance Physical Education (Sports Fitness or Rec Games) Art (Exploratory or Drawing/Design) Drama Peer Tutor Teacher's Aide Learning Lab (add details below) Capstone (8th grade) Community Science (8th grade) Speech & Debate Dance Photography & Design Creative Writing (8th grade) Home Economic
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After completing this worksheet, use it to complete the online course request with your advisor at

<http://tinyurl.com/1920schedulesrequest>.

Students must complete the online request in order to be scheduled into classes.

HEALTH CLASS

All middle school students are required to take health.
Current 7th graders who did not take Health in 2018-19 will
take it in 8th grade during fall semester.

_____ I am a current 6th grader and want to take
health next year (in 7th grade, 2019-20) if space
allows.

AFTER SCHOOL SPORTS

Please indicate if you plan on participating in after-school sports during the school year, as this may
affect your class schedule.

_____ Fall _____ Winter _____ Spring _____ Maybe/Not sure _____ No

LEARNING LAB DETAILS

All students should plan one period for Learning Lab, Peer Tutor or Teacher Aide. During period
_____, I plan to use my Learning Lab time for _____

OTHER RELEVANT DETAILS

After completing this worksheet, use it to complete the online course request with your advisor.
Students must complete the online request in order to be scheduled into classes.

MIDDLE SCHOOL LEARNING LAB MENU

Study Hall

This is a space to complete homework at school. The study hall environment is an independent learning opportunity and well suited for students with strong skills in self-direction and independence.

Independent Study

A student works with a teacher to develop an independent class study, either in pursuit of interest or to meet graduation requirements. The teacher and student decide on the course content, evidence of learning, and achievement expectations. The student works independently through their course, and their supervising teacher provides periodic support.

[Read more about the independent study process here.](#)

Challenge Course

Students at Polaris can create and design curriculum for a course that they would like to work through. Students may follow a model that they have found at another school or institution, or they can create exactly the course that they are interested in taking. For example, students have planned scientific studies with field research, studied types of architecture of a region of nations, and read selections from a genre of literature and networked to find a literature circle in the community to discuss those works. Additionally, access to world class and free education online is constantly expanding. Consider these resources to get more ideas:

- <https://www.lynda.com/portal/sip?org=library.muni.org>
- <https://openstax.org/subjects> (Free textbooks)
- <https://www.edx.org/> (Free self-paced courses)
- <https://www.hoopladigital.com/>
- <https://www.khanacademy.org/>
- <http://www.openculture.com/freeonlinecourses>
- <https://adl.overdrive.com/>
- <https://muni.freegalmusic.com/homes/index>

Independent Capstone

The Polaris Capstone Project is a student-centered approach to instruction. Students form their own investigation of a guiding curiosity, to develop valuable research skills and new knowledge as they engage in design, problem solving, decision-making, creativity, and investigative activities. The teacher plays the role of facilitator, working with students to frame worthwhile questions, structuring meaningful tasks, coaching both knowledge development and weekly missions, and carefully assessing what students have learned from the experience. With this type of active and engaged learning, students will be inspired to obtain a deeper knowledge of the subjects they are curious about. A public exhibition is required in order to complete this class for credit.

Paint a Mural

The intent of Polaris public art is to reflect our diverse community. Murals are encouraged to be unique designs and styles. The artwork should be tasteful and transcend the boundaries of time. Make one! [Read more about the mural process here.](#)

Plan an Intensive or Peer Taught Course

Students create a quarter or semester long curriculum in conjunction with a teacher advisor and deliver that course. Students create a course syllabus, develop lesson plans and implement them working with the advisor to evaluate students and assign grades.

