



SAHS Counselor's Monthly News Blast

Your monthly heads-up for what is happening at South High from a counselor's perspective

September 2020

Volume VII, Issue I

Important Dates

- **9/7**, Labor Day, No School
- **10/16**, End of First Quarter

Bell Schedule

Mon./Tues./Thurs./Fri.

- 8:00-9:35 1st Period
- 9:45-11:30 2nd Period
- 11:40-1:15 3rd Period

Wed.

- E-Learning

SAHS Counseling

- Paul Henry
- Jocelyn Hemenway
- Debbie Barker
- Tor Christopherson
- Sara Miller
- Stephanie Moses

South High Notices.

- Schedule Changes are officially over. Please remind your student that they must remain in their current classes until the end of Quarter 1.
- Quarter 2 classes have NOT BEEN SCHEDULED. Counselors are working on quarter 2 scheduling now. Please be patient.

College/Career

- Now is the time for Seniors to be narrowing their list of colleges/universities/trade schools that they want to apply to for next year. College bound students should consider starting their Common Application.
- **PSAT POSTPONED!** The **Preliminary SAT (PSAT)** (Sophomores and Juniors only) has been **postponed** until at least **January 2021**. The October PSAT will not take place. More information to come at a later date.
- Looking for scholarships? Visit the AKCIS mega-scholarship site: www.akcis.org Log in with USERNAME asdsouth PASSWORD 4Student. Under the Education tab, there are a few options on scholarships: Alaska scholarships and more. You can sort through tons of scholarships by changing all sorts of variables.
- The next chance for students to take the **SAT** is **October 3** (register by 9/4). Register at www.sat.org. The next chance for students to take the **ACT** is **October 10** (register by 9/25). Register at www.act.org
- Frontier Tutoring is offering a free series of **Testing and College Admissions Webinars** in September. Sign up here: www.frontiertutoring.com/webinars This is a great way to learn how to put together a strong application.
- **Virtual College Visits:** South High Curriculum is setting up virtual college visits. Check the South High Website for dates/times of virtual College visits via zoom. www.asdk12.org/south

Counseling Notes

- **Seniors!** If you want your counselor or teacher to write you a letter of recommendation for any college application, you must personally ask them (via email or telephone in the age of Covid). An electronic invitation sent from Common App., SEND EDU, etc., is not sufficient. Give your counselor/teacher at least 2 weeks to complete the letter.
- You must apply every year to receive free and reduced lunch. Apply here: <https://www.asdk12.org/page/13246> If you are eligible for free and reduced lunch, then you are most likely eligible for \$458 per student, from the meals that we lost due to the Covid-19 Pandemic. Families who receive SNAP benefits will automatically receive P-EBT. The funds will be automatically added to their Quest-EBT cards. Families who do not receive SNAP, but otherwise qualify for P-EBT, will need to opt-in to the program. Apply here: www.foodbankofalaska.org/pebt/