



Anchorage School District

Educating All Students for Success in Life

Community Service Opportunities

Agency/Provider	Contact Information	Services Provided & Hours
Anchorage Public Library (Anchorage & Eagle River)	Mtn. View Location: 907-343-2818 Midtown Location: 907-343-2975 Eagle River Location: 907-343-1530 Muldoon Location: 907-343-4032	<ul style="list-style-type: none"> Contact any location for a variety of volunteer opportunities. <u>TEEN BOOK REVIEWS</u> Teens 12-18 can email a 100 words summary & review of a book they've read this year, with their name and grade to: TeenUnderground@anchorageak.gov. For 1 hour of Comm. Ser.
Boys & Girls Club (Anchorage & Eagle River)	Main Office: 907-248-5437 volunteer@bgcalaska.org Mtn. View Club: 907-338-2532 Muldoon Club: 907-333-2583 Woodland Park: 907-248-5437 Eagle River Club: 907-694-5437	Volunteer duties include; help prepare and clean up snack, teach youth how to play sports, help youth with homework, other duties as assigned.
Anchorage ReMade (South Anchorage)	907-887-9760 13500 Old Seward Hwy Anchorage, AK 99515	Volunteer duties include; Organizing collections, decorating/creating retail displays, organizing/sorting items, woodworkings, crafting.
Beans Cafe (Anchorage)	907-433-8601 info@beanscafe.org https://volunteer.beanscafe.org/	Current volunteer events & opportunities posted on their website.
Food Bank	907-222-3116 https://foodbankofalaska.org/get-involved/volunteer/individual-volunteers/	Current volunteer events & opportunities posted on their website.

Examples of other non-profits that may be in your community and need volunteers:

Local Church

Animal Rescues

Food Pantries

Please visit <https://www.bethechange907.org/> for a current list of volunteer opportunities in our community!

Crisis Services		
Agency/Provider	Contact Information	Services Provided & Hours
Alaska 2-1-1	211 or 1-800-478-2221 https://alaska211.org/	One-stop resource for finding help in your community. It's free, confidential & available in almost any language. For life challenges or everyday needs. Available M-F 8:30 a.m. to 5:00 p.m. & closed on holidays
American Red Cross	907-646-5400 235 E. 8th Ave. https://www.redcross.org/local/alaska/get-help.html	Assists disaster affected families with emergency food, shelter & clothing. Provides emergency preparation services, including CPR & first aid classes.
APD: Anchorage Police Department	Emergent: 911 Non-Emergent: 311	Emergent & non-emergent needs
AWAIC Abused Women's Aid in Crisis	24 hr Crisis Line: 907-272-0100 Information: 907-279-9581 100 West 13th Avenue http://www.awaic.org/	Provides a safe place for women & their children involved in domestic violence. Counseling & support groups. Sliding fee, no one refused. 24/7/365 Shelter available
STAR: Standing Together Against Rape	24 Crisis Line: 907-276-7273 Or 1-800-478-8999 Office: 907-276-7279 1057 W. Fireweed Lane #230 http://www.staralaska.com	Crisis intervention, education & advocacy services to victims of sexual assault & sexual abuse, & their families & our community.
Suicide Prevention Services	Crisis Line: 988 Alaska Careline: 877-266-4357 Text: 4help to 839863 (3-11pm Tues-Sun)	988 is a National Suicide Prevention Lifeline with direct connection to a compassionate, accessible support for anyone experiencing mental health related distress.

Counseling/Mental Health/Support

Alaska Behavioral Health Child & Family Services	<p style="text-align: center;">907-561-0954</p> <p style="text-align: center;">4045 Lake Otis Pkwy</p> <p style="text-align: center;">https://alaskabehavioralhealth.org/what-we-do/child-family-services/about-child-family-services/</p>	Provides a wide range of behavioral health services from brief counseling to comprehensive wrap-around supports. Clinicians specialize in trauma-informed & trauma-focused practices, early childhood intervention, intervention with older children & adolescents, & family intervention.
Alaska Pacific Rim Counseling	<p style="text-align: center;">907-349-0077</p> <p style="text-align: center;">920 W Dimond Blvd</p> <p style="text-align: center;">https://www.akpacrim.com/</p>	Provides a range of counseling services including family, couples, or individual therapy.
Behavior Matters LLC	<p style="text-align: center;">16941 N. Eagle River Loop Rd Eagle River AK</p> <p style="text-align: center;">907-206-4421 ex.2</p> <p style="text-align: center;">https://behaviormattersllc.com/aba-services-contact/</p>	Provides a wide range of behavioral health assessments, therapy, consulting, skills groups and more for youth and their families.
Counseling Solutions of Alaska	<p style="text-align: center;">907-644-8044</p> <p style="text-align: center;">701 E Tudor Rd # 215</p> <p style="text-align: center;">https://www.counselingsolutionsak.com/</p>	Provides a broad range of counseling services for children, families, and adults.
Denali Family Services	<p style="text-align: center;">907-274-8281</p> <p style="text-align: center;">1251 Muldoon Rd. #116</p> <p style="text-align: center;">http://www.denalifs.org</p>	Provides individual, family, or group therapy, psychiatric care, and crisis intervention.
North Star Behavioral Health System	<p style="text-align: center;">907-264-3506</p> <p style="text-align: center;">2530 Debarr Rd.</p> <p style="text-align: center;">https://northstarbehavioral.com/</p>	Offers programs in & around the Anchorage, Alaska area for children, teens & adults who suffer from psychiatric or substance abuse issues.
Providence Behavioral Health Anchorage	<p style="text-align: center;">907-212-6900</p> <p style="text-align: center;">3760 Piper St. #1108</p> <p style="text-align: center;">https://www.providence.org/locations/ak/behavioral-health-anchorage</p>	Full range of outpatient services for children, adolescents, & adults, from diagnostic interviews to psychological testing & individual, couples, & group therapy.

VOA: Volunteers of America	907-279-9640 2600 Cordova Street, Suite 101 https://voaak.org/	Adolescent behavioral health care & alcohol & drug abuse counseling, treatment, & prevention. Housing support for vulnerable populations. Youth residential treatment for substance use.
Substance Abuse & Treatment		
Akeela	907-565-1200 360 West Benson #300 http://www.akeela.us/	Provides outpatient & residential programs for substance use treatment.
Al-Anon	1-888-425-2666 https://al-anon-ak.org/	Support group for those with friends or family with drug or alcohol problems. Check the website or call number for meeting times & locations.
Alcoholics Anonymous	907-272-2312 http://www.anchorageaa.org/	An Anonymous, voluntary 12-step program for alcoholics to attain & maintain sobriety. Check the website or call number for meeting times & locations.
Providence Breakthrough Substance Use Treatment Program	907-212-6970 3760 Piper St. #1108 https://www.providence.org/locations/ak/alaska-medical-center/breakthrough-substance-abuse-program	Helps individuals 13 & older with substance use problems through counseling & support. This outpatient program helps develop skills for sober living in the home environment.
VOA: ARCH Residential Treatment	907-694-3336 8012 Stewart Mountain Dr. https://voaak.org/services/arch/	Treatment program for 12-18 year olds that are diagnosed with a substance use disorder & may also present with co-occurring mental health disorders.
Alaska's Tobacco Quit Line	Quitline: 1-800-QUIT-NOW Text READY to 200-400 https://alaskaquitline.com/	Statewide organization that works to create conditions for a tobacco-free Alaska.

HAND-WRITTEN LETTER GUIDELINES

All students alternatively placed at in the Outreach Program must complete a hand-written letter as one of the requirements to return to their neighborhood school. Students can complete this on their own or with the help of any staff at Outreach.

Hand-written letters to request reinstatement to ASD should;

- Be at least 1 page in length written in pen on lined notebook paper
- State why the student wants to return to their neighborhood school
- State students goals (educational, professional, personal)
- State what the student learned from their experience at Outreach

LETTER TEMPLATE/GUIDE – Use your own words. This is just a guide.

Dear Anchorage School District,

My name is **[FIRST NAME] [LAST NAME]**. I am a **[GRADE]** student in the Outreach Program. I am writing to request reinstatement to **[NEIGHBORHOOD SCHOOL NAME]**. I understand that my choices before were _____

[In the blank space – explain in your own words that you understand you did not make the best/safest choices before – apologize for your choices – etc]

At Outreach I learned _____

_____ to help me stay focused on my goals, graduate and be successful.

[Explain what you learned in counseling, at Outreach, from group, etc. – talk about coping skills, goals, dreams, successes you have had]

I am looking forward to returning to **[NEIGHBORHOOD SCHOOL]**. Thank you for your time.

[SIGN YOUR NAME]





