Mental Health Resource Documents

After the Earthquake: Helping Young Children Heal
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=1SpOq1mZelkXLp44dH_MohR7aAZTZKdgo

Age-Related Reactions to a Traumatic Event
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=1R11hpMMTDBFQ6e29_W4GAdEELF_qRj7e

Helping Children Cope After a Natural Disaster
by National Association of School Psychologists (NASP)
https://drive.google.com/open?id=1WASynvYcbdeizzs5HwoJ9-nW955K48_J

Identifying Seriously Traumatized Children
by National Association of School Psychologists (NASP)
https://drive.google.com/open?id=1mqLW9fZ059ILvyI3qe2Fjht5PMitMx9x

Key Points to Remember After an Earthquake (for principals and staff)
https://drive.google.com/open?id=1xzYeqznqLYqx907Qa-SQQs0PzmF1VRmi

Managing Strong Emotional Reactions to Traumatic Events: Tips for Families and Teachers
by National Association of School Psychologists (NASP)
https://drive.google.com/open?id=1OG7cyNgUoXbnmkvdd0vS8wnM0mkXOw8b

Natural Disasters: Brief Facts and Tips
by National Association of School Psychologists (NASP)
https://drive.google.com/open?id=11SbAkzbQyM_wkuyQzyPHnRtW1OjOqAm1

Parent Guidelines for Helping Children After an Earthquake
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=1N3uTp17UV22c4kU1HapWSZdwDUY5NoYK

Parent Tips for Helping Adolescents after Disasters
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=1sSRec4OjijBsd2YASdLGFoHbmkad5SkA

Talking to Children about Earthquakes & Other Natural Disasters
by David Fassler, MD. Provided by the American Academy of Child & Adolescent Psychiatry
https://drive.google.com/open?id=1y9rJegfBD23PuRAJQTA1frUBnidy9Mh

Teacher Guidelines for Helping Students after an Earthquake
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=1MEGRTNPCqPL5AkpASNHO3fQFvHIWFR-
Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers.
by SAMHSA
https://drive.google.com/open?id=1_4ubTzgvodBcYic9X9mXYwiD8NN_O-Pj

Trinka and Sam: The day the earth shook (story for young children)
by The National Child Traumatic Stress Network (NCTSN)
https://drive.google.com/open?id=15AM53oyMfkve6eqhVFqnYqnSJMj0UWME